Darling



拍数: 256 墙数: 1 级数: Phrased Intermediate

编舞者: Reena Leong (USA) - November 2016

音乐: Darling - Girl's Day



Intro: 32 counts After ARE YOU READY

Sequence: A (8X8) B (4X8) C (8X8) D (12X8) B, C, TAG A (4X8) C, TAG B (4X8)

(A) (8X8) Section A1□

1-2 RF kick forward, step RF beside LF.
3-4 LF kick forward, step LF beside RF
5-6 RF kick forward, step RF beside LF.
7-8 LF kick forward, step LF beside RF

Section A2□

1-2 RF kick across LF, step RF beside LF.
3-4 LF kick across RF, step LF beside RF
5-6 RF kick across LF, step RF beside LF.
7-8 LF kick across RF, step LF beside RF

Section A3□

Making ¼ turn to L and twist RF to right side and recover to LF. Facing 9:00
Making ¼ turn to L and twist RF to right side and recover to LF. Facing 6:00
Making ¼ turn to L and twist RF to right side and recover to LF. Facing 3:00
Making ¼ turn to L and twist RF to right side and step on LF. Facing 12:00

Section A4□

Making ¼ turn to R and twist LF to left side and recover to RF. Facing 9:00
Making ¼ turn to R and twist LF to left side and recover to RF. Facing 6:00
Making ¼ turn to R and twist LF to left side and recover to RF. Facing 3:00
Making ¼ turn to R and twist LF to left side and step on RF. Facing 12:00

Section A5□

Making 1/8 turn to R step RF forward to R facing 2:00. Close LF beside to RF.
Making ¼ turn to L step LF forward to L facing 10:00. Close RF beside to LF.
Making ¼ turn to R step RF forward to R facing 2:00. Close LF beside to RF.
Making ¼ turn to L step LF forward to L facing 10:00. Close RF beside to LF.

Section A6□

1-8 Twist on the spot RLRLRLRL.

Section A7□

1-2 Hop RF forward with chest pump.
3-4 Make another chest pump.
5-6 Hop LF forward with chest pump.
7-8 Make another chests pump.

Section A8□

1-2 ¼ Turn to R facing 3:00, RF to R side, close LF beside RF.

3-4 RF to R side, close LF beside RF.

5-6 ½ turn to L facing 9:00, LF to L side, close RF beside LF.

7-8 LF to L side, close LF beside RF.

(B) (4x8)

Section B1□

Step LF to Left side, RF close beside LF.
Step RF to Right side, LF close beside RF.
Step LF to Left side, RF close beside LF.
Step RF to Right side, LF close beside RF.

Section B2□

Step LF to Left side, RF close beside LF.
Step RF to Right side, LF close beside RF.
Step LF to Left side, RF close beside LF.
Step RF to Right side, LF close beside RF.

Section B3□

1-2 LF step forward.

3-4 Making ½ turn to L, (Facing 6:00) step RF.

5-6 Making ½ turn to L, (Facing 12:00) point LF in front.

7-8 Point LF back.

Section B4□

1-2 LF point forward.

3-4 Shimmy (Shake shoulder).

5-6 Step LF forward.7-8 Close RF beside LF.

(C) (8x8) DARLING

Section C1□

1-2 Step RF to R side.3-4 Close LF beside RF.

5-6 Step LF to Left side, Close RF beside LF.7-8 Step LF to Left side, step RF beside LF.

Section C2□

1-2 Step LF to Left side.

3-4 Making full turn to L and step on RF beside LF.

5-8 Standing on Hold and make a hand styling of point out.

Section C3□

1-2 Twist both heels to Right side, twist both toes to Right side.

3-4 Twist both heels to Right side, hitch LF

& 5-6 Place LF beside RF continue twist both toes to Left side, twist both heels to Left side.

7-8 Twist both toes to Left side, hitch RF.

Section C4□

1-2 Step RF diag. Forward to Right, close LF beside RF.

3-4 Step RF forward to Right, close LF beside RF.& 5-6 Step RF forward to Right, close LF beside RF.

7-8 Step RF forward to Right, hitch LF.

Section C5□

1-2 Point LF forward.
3-4 Point LF backward.
5-6 Point LF forward.
7-8 Point LF backward.

Section C6□

1-2 Step LF to side.

3-4 Making a full turn to L, step RF beside LF.5-6 Slide LF to Left side, point RF beside LF.

7-8 Hold

Section C7□

1-2 Step RF to Right side, close LF beside RF.

3-4 HOLD.

5-6 Step LF to Left side, close RF beside LF.

7-8 Hold

Section C8□

1-8 Standing still and roll shoulder

(D) (12x8) Section D1□

1-2 Making 1/8 turn to L, step RF to Right side, close LF beside RF. (Facing 10:00)
3-4 Making 1/8 turn to L, step LF to Left side, close RF beside LF. (Facing 9:00)

5-8 Step RF to Right side, close LF beside RF and step RF to Right side and point LF beside RF.

Section D2□

1-2 Making 1/8 turn to L, step RF to Right side, close LF beside RF. (Facing 7:00)
 3-4 Making 1/8 turn to L, step LF to Left side, close RF beside LF. (Facing 6:00)

5-8 Step RF to Right side, close LF beside RF and step RF to Right side and point LF beside RF.

Section D3□

1-2 Making 1/8 turn to L, step RF to Right side, close LF beside RF. (Facing 4:00)
3-4 Making 1/8 turn to L, step LF to Left side, close RF beside LF. (Facing 3:00)

5-8 Step RF to Right side, close LF beside RF and step RF to Right side and point LF beside RF.

Section D4□

1-2 Twist RF to Right side, twist LF to Left side.

Twist RF to Right side making 1/8 turn to L, twist LF to Left side. (Facing 2:00)
 Twist RF to Right side making 1/8 turn to L, twist LF to Left side. (Facing 12:00)

7-8 Bounce RF twice.

Section D5□

1-2 Roll Right Hip to Right side.
3-4 Roll Left Hip to Left side.
5-6 Roll Right Hip to Right side.
7-8 Roll Left Hip to Left side.

Section D6□

1-2 Scott down on RF (Facing 10:00)

3-4 Hold

5-6 Turn to Right transfer weight to LF

7-8 Hold

Section D7□

1-4 Stand up to your LF

5-6 Body roll by pushing body to toward RF and recover to LF 7-8 Body roll by pushing body to toward RF and recover to LF

Section D8□

1-2 Hop to RF.

3-4 Shimmy.

5-6 Step to LF and shimmy at the same time.7-8 Step to RF and shimmy at the same time.

Section D9□

1-2 Step RF to Right side, close RF beside RF
3-4 Step LF to Left side, close RF beside LF
5-8 Stand in between both leg & twist RLRL.

Section D10□

1-2 Step RF to Right side, close RF

3-4 Step LF to Left side, close RF beside LF5-8 Stand in between both leg & twist RLRL.

Section D11□

1-2 Step LF to Left slightly back.
3-4 Step RF to Right slightly back.
5-6 Step LF to Left slightly back.
7-8 Step RF to Right slightly back.

Section D12□

1-4 Step LF to Left side with chest pump & Hold.

& 5-8 Close RF beside LF, step LF to Left side with chest pump & Hold.

TAG A (4X8) Section TA1□

1-2 Step RF forward.
3-4 Step LF forward
5-6 Step RF forward
7-8 Point LF beside RF

Section TA2□

1-4 Stand still and push R hip back and point R hand forward

5-8 Push L hip back and point L hand forward

Section TA3□

1-2 Hip twist to Right.
3-4 Hip twist to Left.
5-6 Hip twist to Right.
7-8 Hip twist to Left.

Section TA4□

1-2 RF Forward walk.
3-4 LF Forward walk.
5-6 RF Forward walk.
7-8 LF Forward walk.

TAG B (4X8)

Section TB1□

1-2 Kick RF forward, step RF beside LF.
3-4 Kick LF forward, step LF beside RF.
5-6 Kick RF forward, step RF beside LF.
7-8 Kick LF forward, step LF beside RF.

Section TB2□

1-2 Kick RF forward, step RF beside LF.

3-4	Kick LF forward, step LF beside RF.
5-6	Kick RF forward, step RF beside LF.
7-8	Kick LF forward, step LF beside RF.

Section TB3□

1-2	Kick RF forward, step RF beside LF.
3-4	Kick LF forward, step LF beside RF.
5-6	Kick RF forward, step RF beside LF.
7-8	Kick LF forward, step LF beside RF.

Section TB4□

1-2	Twist R hip to Right Side, twist L hip to Left side.
3-4	Twist R hip to Right Side, twist L hip to Left side.
5-6	Twist R hip to Right Side, twist L hip to Left side.
7-8	Twist R hip to Right Side, twist L hip to Left side.

HAPPY DANCING..... Sequence as above.....

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