

Sunshine In My Pocket!

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Easy Intermediate
编舞者: Tim Gauci (AUS) - July 2016
音乐: CAN'T STOP THE FEELING! - Justin Timberlake : (Single - iTunes)



Begin dance 16 beats in, on lyrics□

[1-8]□WALK, WALK, MAMBO STEP, SWEEP/STEP, SWEEP/STEP, SWEEP BEHIND, SIDE, CROSS□

123&4 Step fwd R, L, step R fwd, rock weight back onto L (&), step R back□12.00

567&8 Sweep/step L back, sweep/step R back, sweep/step L behind R, step R to L, cross L over R□12.00

[9-16]□SIDE, ROCK, CROSS, SIDE, ROCK, CROSS, STEP, PIVOT, SHUFFLE FWD□

1&23&4 Step R to R, rock weight onto L (&), step R across L and slightly fwd, step L to L, rock weight onto R (&), step L across R and slightly fwd□12.00

567&8 Step R fwd, pivot ½ L, shuffle fwd RLR□6.00

[17-24]□FWD COASTER, BACK COASTER, TOUCH, TOG, TOUCH, TOG, TOUCH OUT, IN, OUT□

1&23&4 Step L fwd, step R tog (&), step L back, step R back, step L tog (&), step R fwd□6.00

5&6&7&8 Touch L to L side, step L tog (&), touch R to R side, step R tog (&), touch L to L side, touch R tog (&), touch L to L side□6.00

[25-32]□¼ COASTER STEP, STEP, PIVOT, STEP, SKATE, SKATE, SHUFFLE FWD□

1&23&4 Making ¼ turn L step L back, step R tog (&), step L fwd, step R fwd, pivot ½ turn L (&), step R fwd□9.00

567&8 Skate fwd L, R, shuffle fwd LRL□9.00

[32] Beats□Repeat dance in new direction□

Tag on wall 5 – (start dance facing front) – dance up to beat 14, and walk fwd R,L, Restart dance facing 6.00 wall

Tag at the end of wall 11 – facing the front add the following 4 beats and Restart dance facing 12.00 wall

1&23&4 Step R fwd, step L tog (&), step R back, step L back, step R tog (&), step L fwd□12.00

Enjoy