

The Fighter!

拍数: 64 墙数: 4 级数: Easy Intermediate
编舞者: Tim Gauci (AUS) - August 2016
音乐: The Fighter (feat. Carrie Underwood) - Keith Urban : (Album: Ripcord)



Begin dance 32 beats in, on lyrics – 2 Restarts□

[1-8]□SIDE, BEHIND, SIDE, CROSS, SIDE, ROCK, CROSS SHUFFLE□

1234 Step L to L, step R behind L, step L to L, cross R over L□12.00
567&8 Step L to L, rock weight onto R, cross shuffle L over R (LRL)□12.00

[9-16]□SIDE, BEHIND, SIDE, CROSS, SIDE, ROCK, CROSS SHUFFLE□

1234 Step R to R, step L behind R, step R to R, cross L over R□12.00
567&8 Step R to R, rock weight onto L, cross shuffle R over L (RLR)□12.00

[17-24]□SIDE, TOG, SHUFFLE FWD, SIDE, TOG, SHUFFLE BACK□

123&4 Step L to L, step R tog, shuffle fwd LRL□12.00
567&8 Step R to R, step L tog, shuffle back RLR□12.00

[25-32]□BACK, ROCK, ½ TURN SHUFFLE, BACK/POP, BACK/POP, COASTER CROSS**□

123&4 Step L back, rock weight fwd onto R, making ½ turn R shuffle LRL□6.00
567&8 Step R back popping L knee, step L back popping R knee, step R back, step L tog (&), cross R over L□6.00

[33-40]□SIDE, ROCK, CROSS SHUFFLE, ¼, ¼, CROSS SHUFFLE□

123&4 Step L to L, rock weight onto R, cross shuffle L over R (LRL)□6.00
567&8 Making ¼ turn L step R back, making ¼ turn L step L to L, cross shuffle R over L (RLR)□12.00

[41-48]□SIDE, ROCK, BEHIND, ¼, FWD, FWD, ROCK, COASTER CROSS*□

123&4 Step L to L, rock weight onto R, step L behind R, making ¼ turn R step R fwd (&), step L fwd□3.00
567&8 Step R fwd, rock weight back onto L, step R back, step L tog (&), cross R over L□3.00

[49-56]□SIDE SHUFFLE, BACK, ROCK, KICK BALL CROSS X 2□

1&234 Shuffle L to L side (LRL), step R back, rock weight fwd onto L□3.00
5&67&8 Kick R to R45, step R tog (&), step L over R, kick R to R45, step R tog (&), step L over R□3.00

[57-64]□SIDE SHUFFLE, BACK, ROCK, KICK BALL CROSS X 2□

1&234 Shuffle R to R side (RLR), step L back, rock weight fwd onto R□3.00
5&67&8 Kick L to L45, step L tog (&), step R over L, kick L to L45, step L tog (&), step R over L□3.00

[64] Beats□Repeat dance in new direction□

Restarts: –

wall 3 dance up to beat 48* and Restart dance from beginning facing 9.00 wall,
wall 5 dance up to beat 32** and Restart dance facing 6.00 wall

Enjoy