

Ready To Roll

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Improver
编舞者: Tiziana Nastasi (IT) - June 2016
音乐: Ready To Roll - Blake Shelton



WALK (TWICE), SHUFFLE FW, STEP & FULL TURN, STEP BACK, SHUFFLE BACK

1-2 R Step FW, L step FW
3&4 R Shuffle forward right-left-right
5&6 L step forward, turn ½ to the right, turn ½ to the right and Step left back
7&8 R Shuffle back right-left-right

SWEEPS BACKWARDS, ¼ TURN L, COASTER STEP, SWAY X3, HOOK

&1& Sweep left foot from front to back, Step left backwards while sweeping right foot from front to back
2& Step right backwards while sweeping left foot from front to back, ¼ turn left
3&4 L Step back, R step together, L step forward
5-6-7-8 R Step side and sway hips right, put weight on the left and sway hips left, put weight on the right and sway hips right, put weight on the left and hook right (directs your body at around h.12:00)

WALK, TURN ½, SHUFFLE BACK, TURN ½, TURN ½, COASTER STEP

1-2 R step forward (h.12:00), ½ turn right and step left back
3&4 R Shuffle back right-left-right
4-6 ½ turn left and step left forward, ½ turn left and step right back
7&8 L Step back, R step together, L step forward

WALK X 4, STEP SIDE X 2, HIP BUMP X 2, CROSS (Click fingers)

1-2 R Step forward, L step forward
3-4 R Step forward, L step forward
&5 R Step side, L step side,
6-7-8 Hip bump L, hip bump R, make weight to foot left and cross right behind left (click fingers)

½ TURN, TOE STRUT (Click fingers) X 2, SHUFFLE ¼ TURN L, SHUFFLE ½ TURN L

&1-2 ½ Turn right, R toe forward, R step (front to h.10:30) (click fingers),
3-4 L toe over right, L cross over (front to h.10:30) (click fingers),
5&6 ¼ turn (h. 9:00) R Shuffle side right-left-right
7&8 ½ turn (h. 3:00) L Shuffle side left-right-left

TOE STRUT (Click fingers) X 2, ROCKINCHAIR SINCOPATED, JUMP, ½ TURN

1-2 R toe over left, R cross over (front to h.01:30) (click fingers),
3-4 L toe side, L step (front to h.12:00) (click fingers),
5&6& R Step forward, recover, step back, recover
7-8 Jump forward (right foot over left foot), ½ turn

Restart to the 2° Wall

WALK X 2, SIDE & CROSS X 2, ROCK STEP

1-2 R Step forward, L step forward
3&4 R step side, recover weight to left foot, R cross over left
5&6 L step side, recover weight to right foot, L cross over right
7-8 R step forward, recover

TURN ½ X 3, SHUFFLE FW, ROCK STEP, SAILOR STEP TURNING ¼ L

1-2 ½ turn to right and step R forward, ½ turn to right and step L back

3&4 ½ turn to R and Shuffle forward right-left-right
5-6 L step forward, revoer
7&8 Cross left behind right - ¼ turn left, step right beside left – step left forward (9:00)

REPEAT

Catania, 30/05/2016

Contact: sicaniawest@gmail.com

Last Update - 8th Nov. 2017
