

Vamonos

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Alison Metelnick (UK) & Peter Metelnick (UK) - August 2016
音乐: Vamonos (Let's Go) - Stephanie Urbina Jones



Start after 16 count intro – With a Tag and Restarts

Music Available: Amazon

[1-8] R fwd, L fwd rock/recover, L back lock, R back rock/recover, R fwd

1-3 Step R forward, rock L forward, recover weight on R

4&5 Step L back, cross step R over L, step L back

6-8 Rock R back, recover weight on L, step R forward

[9-16] L fwd, R fwd, ¼ L pivot turn, R cross shuffle, ½ R hinge, L cross step

1-3 Step L forward, step R forward, pivot ¼ left (9 o'clock)

4&5 Cross step R over L, step L side, cross step R over L

6-8 Turning ¼ right step L back, turning ¼ right step R side, cross step L over R (3 o'clock)

[17-24] R side rock/recover, R back rock/recover, R kick ball cross, R side touch L

1-4 Rock R side, recover weight on L, rock R back, recover weight on L

RESTART 1: During wall 2 facing back wall restart the dance after first 20 counts

5&6 Kick R forward, step R back, cross step L over R

7-8 Step R side, touch L together

[25-32] L "rolling vine", R cross step, L chasse, R back rock/recover

1-4 Turning ¼ left step L forward, turning ½ left step R back, turning ¼ left step L side, cross step R over L

5&6 Step L side, step R together, step L side

7-8 Rock R back, recover weight on L

[33-40] R fwd, ½ L pivot turn, R fwd, ¼ L pivot turn, R syncopated jazz box ball cross side

1-4 Step R forward, pivot ½ left, step R forward, pivot ¼ left (6 o'clock)

5-6 Cross step R over L, step L back

&7-8 Step R side, cross step L over R, step R side

[41-48] L syncopated jazz box ball cross side, R cross behind, ¼ L fwd, R fwd shuffle

1-2 Cross step L over R, step R back

&3-4 Step L side, cross step R over L, step L side

5-6 Cross step R behind L, turning ¼ left step L forward (3 o'clock)

RESTART 3: During wall 5 facing back wall Restart the dance AFTER adding 2 count TAG

TAG: 1-2: Walk forward right, left

7&8 Step R forward, step L together, step R forward

[49-56] L fwd rock/recover, L ball step, L fwd, ¼ R Monterey, L point side, L fwd

1-2 Rock L forward, recover weight on R

&3-4 Step L back, step R together, step L forward

RESTART 2: During wall 4 facing R side wall restart the dance after first 52 counts

5-8 Touch R side, turning ¼ right on L step R together, point L side, step L forward

[57-64] R fwd rock/recover, R ball step, R fwd, L fwd rock/recover, ¼ L toaster step

1-2 Rock R forward, recover weight on L

&3-4 Step R back, step L together, step R forward

5-6 Rock L forward, recover weight on R
7&8 Turning ¼ left step L back, step R together, step L forward (3 o'clock)

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