

You Left Me

拍数: 40 墙数: 2 级数: Improver
编舞者: Brandi Hughes (CAN) - October 2016
音乐: You Left Me - Jesse Labelle : (amazon and iTunes)



Intro – 8 Counts...begin on the word “sunset”

Sec 1. ½ Pivot, ½ Turn Shuffle, Rock/Recover, Cross/Ball, Point

1-2 Step Right forward (1), Turn ½ Turn left weighting on left foot (6:00)(2)
3&4 Step Right to right side making ¼ turn left (3:00) (3), Step Left beside right (&), Step Right back making ¼ turn left (12:00) (4)
5-6 Step Left back (5), Recover weight forward on Right (6)
7&8 Cross Left over right (7), Step Right to right side (&), Point Left toe to left side (8)

Sec 2. Cross Rock/Recover, Lock Step Back, Coaster Step, Cross, ½ Turn Unwind

1-2 Cross Left over right (1), Recover weight back on Right (2)
3&4 (On the 1:30) Step Left back (3), Lock Right in front of left (&), Step Left back (4)

Restart Here on Wall 5

5&6 Step Right back (5), Step Left back beside right (&), Step Right forward (6)
7-8 Cross Left over right (7), Unwind almost ½ turn to the right to (6:00) ending weight left

Sec 3. Toe Strut, Cross Shuffle, Rocking Chair, Step, Drag

1-2 Touch Right toe to right side (1), Step down on Right (2)
3&4 Cross Left over right (3), Step Right to right side (&), Cross Left over right (4)
5&6& Step Right forward on the right diagonal (5), Recover weight back on Left (&), Step Back on Right (6), Recover weight forward on Left (&)
7-8 Step Right to right side (squaring up to 6:00) (7), Drag Left toe up beside right foot (8)

Sec 4. Step, ½ Turn/Hitch, Shuffle Step, Scissor Steps (x2)

1-2 Step Left forward (1), Turn ½ turn right (12:00) on Left foot hitching Right knee up (2)
3&4 Step Right forward (3), Step Left beside up right (&), Step Right forward (4)
5&6 Step Left to left side (5), Step Right beside left (&), Cross Left over right (6)
7&8 Step Right to right side (7), Step Left beside right (&), Cross Right over left (8)

Sec 5. □Step, ½ Turn/Hitch, Shuffle Step, Rock/Recover, Coaster Step

1-2 Step Left forward (1), Turn ½ turn right (6:00) on Left foot hitching Right knee up (2)
3&4 Step Right forward (3), Step Left up beside right (&), Step Right forward (4)
5-6 Step Left forward (5), Recover weight back on Right (6)
7&8 Step Left Back (7), Step Right back beside Left (&), Step Left forward (8)

4 Count Tag here on Wall 2

Enjoy!

Tag – 4 Counts- Wall 2

1&2&3&4& Tap Right Heel Forward (1), Step Right beside Left (&), Tap Left Heel forward (2), Step Left beside right (&), Tap Right heel forward (3), Step Right beside left (&), Tap Left heel forward (4), Step Left beside right (&)

Restart on Wall 5 - Do first 12 Counts and start again