

Hello Mello

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Improver / Intermediate
编舞者: John Bishop (AUS) & Val Carrick (AUS) - October 2016
音乐: Have You Never Been Mellow - Olivia Newton-John : (Album: Greatest Hits, Vol. 2 - iTunes)



Intro/Wait: 32 counts □

[1 – 8] □ STEP, KICK-BALL-CHANGE, STEP, ROCK, RECOVER, ½ R SHUFFLE □

1,2&3,4 Step R fwd (1), Kick L fwd (2), step onto L (&), step onto R (3), step L fwd (4)
5,6,7&8 Rock/step R fwd (5), recover onto L (6), *shuffle back R, L, R turning 180°R □ 6:00

[9 – 16] □ PIVOT TURN ½ R, PADDLE TURN ¼ R, CROSS SHUFFLE, HALF TURN □

1,2,3,4 Step L fwd (1), pivot 180°R (2), step L fwd (3), pivot 90°R (4) □ 3:00
5&6 Cross/step L over R (5), step R slightly to side (&), cross/step L over R (6)
7,8 Step R back turning 90°L (7), step L to side turning 90°L (8) □ 9:00

[17 – 24] □ STEP, POINT, ROCK-CROSS, POINT, ROCK-CROSS, UNWIND, CROSS SHUFFLE
(Counts 3 to 5 move slightly forward and diagonally left) □

1,2 Step R fwd (1), point L toes to left (2)
&3,4 Step ball of L next to R (&), cross/step R over L (3), point L toes to left (4)
&5,6 Step ball of L next to R (&), cross/step R over L (5), unwind 180°L weight to R (6) □ 3:00
7&8 ** □ Cross/step L over R (7), step R slightly to side (&), cross/step L over R (8) **

[25 – 32] □ SIDE, ROCK, BEHIND, QUARTER, FULL TURN, PADDLE TURN □

1,2,3,4 Step R to side (1), recover onto L (2), step R behind L (3), step L 90°L (4) □ 12:00
5, 6 Step R back turning 180°L (5), step L fwd turning 180°L (6) □ 12:00
7, 8 Step R fwd (7), pivot 90°L taking weight onto L (8) □ 9:00

TAGS, RESTARTS & FINISH

* On Wall 4: dance up to count 6 and change the half shuffle on counts 7&8 into a walk, walk (7,8) turning 180°R and RESTART facing 9:00

** On Wall 7: change cross shuffle on counts 23 & 24 to shuffle forward and RESTART facing 6:00

* On Wall 11: dance up to count 6 and change the half shuffle on counts 7&8 into a Walk, walk (7,8) turning 180°R and RESTART facing 3:00

At the end of the dance finish with the cross shuffle on counts 23 & 24 (facing the front)

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