

# Lay Down and Dance

COPPERKNOB  
STEPSHEETS

拍数: 32      墙数: 4      级数: Improver  
编舞者: Jason Allott (UK) - October 2016  
音乐: Baby Lets Lay Down And Dance - Garth Brooks : (Album: Gunslinger)



#32 count intro.

## Section 1: Walk R L R, Kick L, Step Back touch R. Step R kick L

1-2            Walk fwd R, L  
3-4            Walk fwd R, Kick L fwd  
5-6            Step back L, touch R back  
7-8            Step R fwd, scuff L

## Section 2: Cross L back R, &step cross and cross, unwind ½, Kick L, L sailor

1-2            step L over R, step back R  
&3&4          step L to L, cross Step R over L, step L to L, Cross step R over L  
5-6            unwind half over L (keep weight on R), kick L to L  
7&8          step L behind R, step R to R side, step L to L side.

## Section 3: Cross side behind and heel, and touch and heel, Stomp R clap

1-2            Cross step R over L, Step L to L side  
3&4            step R behind L, Step L to L side, R heel dig to R side  
&5&6          Step R in place, touch L next to R, Step back on to L and heel dig R fwd  
7-8            Stomp R in place, clap hands

## Section 4: Walk walk, out out, in in, and heel and scuff.

1-2            Walk fwd onto L, walk fwd R  
3-4            Rock fwd on L, Recover weight back onto R  
&5&6          Step L out, Step R out, Step L in, Touch R next to L  
&7&8          Jump weight back onto R (step back slightly), Heel dig L fwd, Step onto L, touch R next to L

End of dance.

## Tag: Wall 7

1-2            walk R, Walk L  
3-4            Walk R, Kick L  
5-6            Stomp L, Hold  
7-8            Hold, Scuff R fwd and Clap hands. Restart the dance. Enjoy.

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Last Update - 28th Oct 2016