

Going Up The Country

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Easy Intermediate
编舞者: DJ Dan (NL) - September 2016
音乐: Going Up the Country - A Nyughatatlan : (iTunes)



Intro: 16 counts

STEP SIDE, TOGETHER, STEP FORWARD, HOLD, STEP SIDE, TOUCH, STEP SIDE, TOUCH

1-4 Step Right to right side, Step Left next to Right, Step forward on Right, Hold
5-8 Step Left to left side, touch right Toe next to Left, Step Right to right side, touch left Toe next to Right

STEP SIDE, TOGETHER, STEP BACK, HOLD, STEP SIDE, TOUCH, STEP SIDE, TOUCH

1-4 Step Left to left side, Step Right next to Left, Step back on Left, Hold
5-8 Step Right to right side, touch left Toe next to Right, Step Left to left side, touch right Toe next to Left

SHUFFLE 1/4 TURN RIGHT, HITCH 1/2 TURN LEFT, SHUFFLE FORWARD, HITCH 1/4 TURN RIGHT, SHUFFLE FORWARD, HITCH 1/2 TURN LEFT, RUN-RUN-RUN

1&2& Shuffle 1/4 turn right stepping Right-Left-Right [3], make 1/2 turn left and hitch left Knee [9]
3&4& Shuffle forward stepping Left-Right-Left, make 1/4 turn right and hitch right Knee [12]
5&6& Shuffle forward stepping Right-Left-Right, make 1/2 turn left and hitch left Knee [6]
7&8 Run forward stepping Left-Right-Left

JAZZ BOX 1/4 TURN RIGHT, CROSS, 2 X 1/4 TURN LEFT, ROCK FORWARD, 1/2 TURN RIGHT, SIDE ROCK, CROSS

1&2 Cross Right over Left, make 1/4 turn right step back Left [9], step Right to right side
3&4 Cross Left over Right, make 1/4 turn left step back Right [6], make 1/4 turn left step Left to left side [3]
5&6 rock forward on Right, recover on to Left, make 1/2 turn right step forward Right [9]
7&8 rock Left to left side, recover onto Right, cross Left over Right

Restart on wall 6:

Dance the first 24 counts, then Restart dance from beginning [3]

Ending: On the last wall dance up to count 23, step forward on Right, Pivot ½ turn left [12]

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