She A Ge



拍数: 32 墙数: 2 级数: High Beginner

编舞者: Sally Hung (TW) - October 2016

音乐: She A Ge (施阿藝) - Chan Ya-Wen (詹雅雯)



Sequence Of Dance:

Tag After Finishing Wall 2, Facing 12:00 Tag After Finishing Wall 4, Facing 12:00 Tag After Finishing Wall 5, Facing 6:00 Tag After Finishing Wall 7, Facing 6:00 Tag After Finishing Wall 9, Facing 6:00

Intro: 36 Counts From Heavy Beats, On Vocals

Tag (4 counts)

1&2,3&4 Cross R over L, recover onto L, step R to R, cross L over R, recover onto R, step L to L

S1. BACK ROCK, RECOVER, SIDE POINT, FWD, FWD ROCK, RECOVER, SIDE POINT, BACK

1,2,3,4 Rock R back, recover onto L, touch R to R side, step R fwd 5,6,7,8 Rock L fwd, recover onto R, touch L to L side, step L back

S2. 1/4 TURN R BACK ROCK, RECOVER, FWD SHUFFLE, HEEL GRIND, STEP, COASTER STEP

1,2,3&4 Make a ¼ turn R rocking R back, recover onto L, step R fwd, step L next to R, step R fwd
5,6,7&8 Dig L heel fwd grinding heel turning toes to L, step R in place, step L back, step R beside L, step L fwd

S3. CROSS, POINT, CROSS POINT, 1/4 TURN R CROSS, POINT, CROSS, POINT

1,2,3,4 Cross R over L, touch L to L side, cross L over R, touch R to R side

5,6,7,8 Make a ¼ turn R crossing R over L, touch L to L side, cross L over R, touch R to R side

S4. STEP, PIVOT ½ TURN L, FWD SHUFFLE, STEP, PIVOT ½ TURN R, FWD SHUFFLE

1,2,3&4 Step R fwd, Pivot ½ turn L, step R fwd, step L next to R, step R fwd 5,6,7&8 Step L fwd, Pivot ½ turn R, step L fwd, step R next to L, step L fwd

Happy Dancing!

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