

Je Sais

拍数: 32 墙数: 4 级数: Improver
编舞者: Chatti the Valley (ES) - September 2016
音乐: Je sais - Shy'm



Intro: 24 counts

[1-8]: Left STEP, SWIVELS X 2, ½ TURN, Right STEP, Left TOUCH BEHIND, SIDE, BESIDE.

- 1 Step left forward
- 2 Swivel booth heels to left
- 3 Swivel booth heels to centre
- 4 ½ turn right, weight on left foot (6:00)
- 5 Step right forward
- 6 Touch left toe back to right foot
- 7 Touch left toe to left side
- 8 Touch left toe beside right foot

[9-16]: Left SIDE, CLOSE, POINT, CLOSE, Right & Left Syncopated ROCKS.

- 1 Long step left to left side
- 2 Touch right toe beside left foot
- 3 Touch right toe to right side
- 4 Touch right toe beside left foot
- 5 Step right forward
- 6 Recover weight on left foot
- & Step right beside left foot
- 7 Step left forward
- 8 Recover weight on right foot

[17-24]: Left Back TRAVELLING PIVOT, COASTER STEP, Right & Left STEP & POINT.

- 1 ½ turn left, step forward on left foot
- 2 ½ turn left, step back on right foot (6:00)
- 3 Step left back
- & Step right back, beside left foot
- 4 Step left forward
- 5 Step right forward
- 6 Touch left toe to left side
- 7 Step left forward
- 8 Touch right toe to right side

[25-32]: Right HEEL, POINT, HELL, ¼ TURN & FLICK, Right STEP, ¼ TURN & SIDE, SAILOR STEP ¼ TURN.

- 1 Touch right heel to right diagonal
- 2 Touch right toe cross over left
- 3 Touch right heel to right diagonal
- 4 ¼ turn left, flick right back (3:00)
- 5 Step right forward
- 6 ¼ turn right, step left to left side (6:00)
- 7 Step right behind left foot
- & ¼ turn right, step left to left side (9:00)
- 8 Step right forward

START AGAIN

RESTARTS: During the third wall (3^a) dance until count 16 and start again from the beginning (is the instrumental part of the song).

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