

Belinda

COPPER KNOB
STEPSHEETS

拍数: 56 墙数: 4 级数: Improver
编舞者: Fred CHABBAT (FR) & Aurélie GAAG (FR) - October 2016
音乐: BELINDA by Matt POKORA



Intro: 16 Counts

Seq: Wall 1 / Wall 2 / SI+SII+SIII+SIV / SI+SII+SIII+SIV+SV / SIV+SV / (SVI+SVII)x2 / SI x4

SI- Charleston Step – ¼ turn R Charleston Step

1-2 Point R Fwrđ – Recover Back Step R
3-4 Point Back L – Step L Fwrđ
5-6 Point R Fwrđ – ¼ Turn R Recover Back Step R
7-8 Point Back L – Step L Fwrđ

SII- Shuffle diag R – Jazzbox R – Shuffle diag L – Jazzbox L

1&2& Step R diag R – L beside R – Step R diag R – L beside R
3&4 R cross on L – L back diag L – R side R
5&6& Step L diag L – R beside L – Step L diag L – R beside L
7&8 L cross on R – R back diag R – L side L

SIII- Charleston Step – ¼ turn R Charleston Step

1-2 Point R Fwrđ – Recover Back Step R
3-4 Point Back L – Step L Fwrđ
5-6 Point R Fwrđ – ¼ Turn R Recover Back Step R
7-8 Point Back L – Step L Fwrđ

SIV- Stomp/Kick R – Behind side Cross – Stomp/Kick L – Behind ¼ Turn R

1-2 Stomp R diag R Fwrđ – Kick R diag R
3&4 R behind L – L side L – R cross on L
5-6 Stomp L diag L Fwrđ – Kick L diag L
7&8 L behind R – ¼ Turn R, Step R Fwrđ – Step L Fwrđ

Restart Here during Wall 3

SV- Stomp/Kick R – Behind side Cross – Stomp/Kick L – Behind side Cross

1-2 Stomp R diag R Fwrđ – Kick R diag R
3&4 R behind L – L side L – R cross on L
5-6 Stomp L diag L Fwrđ – Kick L diag L
7&8 L behind L – R side R – L cross on R

SVI & SVII- Heel/Hook/Heel/Flick – Sailor ¼ Turn R – Heel/Hook/Heel/Flick – Shuffle L/R/L

1&2& Heel R Fwrđ – Hook R – Heel R Fwrđ – Flick R
3&4 Sailor ¼ turn R, R/L/R
5&6& Heel L Fwrđ – Hook L – Heel L Fwrđ – Flick L
7&8 Schuffle Fwrđ L/R/L

End of the Dance!!!...

Infos: fredchabbat@free.fr or <http://animaxi-loisirs.jimdo.com>

Last Update - 27th Oct 2016