

Middle of Love

拍数: 40 墙数: 4 级数: Improver
编舞者: Kate Sala (UK) - May 2016
音乐: Middle of Love - Beverley Knight : (amazon)



Intro: 16 counts/ 9 seconds.

S1: Side Step Right, Touch/Click, Side Step Left, Touch/Click, Walk x 2, Side Ball Step, Step Forward.

1 - 2 Step R to right side. Touch L next to R & click fingers up in front, chest high.
3 - 4 Step L to left side. Touch R next to L & click fingers up in front, chest high.
5 - 6 Walk forward on R, L.
& 7 8 Step/rock on ball of R foot to right side. Recover on to L. Step forward on R.

S2: Side Rock Left, Cross Shuffle, Monterey 1/2 Turn Right.

1 - 2 Side rock on L to left side. Recover on to R.
3 & 4 Cross step L over R. Step R to right side. Cross step L over R.
5 - 6 Point R out to right side. Turn 1/2 right on ball of L stepping R next to L. 6:00
7 - 8 Point L toe out to left side. Step L next to R. *(Restart from here during wall 4)

S3: Heel Dig Right & Left & Step 1/4 Turn Left, Cross, Side, Behind & Cross.

1& 2& Dig R heel forward. Step R next to L. Dig L heel forward. Step L next to R.
3 - 4 Step forward on R. Pivot 1/4 turn left. 3:00
5 - 6 Cross step R over L. Step L to left side.
7 & 8 Cross step R behind L. Step L to left side. Cross step R over L.

S4: Side Step Right, Touch, Full Turn Right With Right Chasse, Cross Toe Strut.

1 - 2 Step L to left side. Touch R in next to L.
3 - 4 Turn 1/4 right stepping forward on right. Turn 1/2 right stepping back on L.
5 & 6 Turn 1/4 right stepping R to right side. Step L next to R. Step R to right side. 3:00
7 - 8 Cross step on ball of L over R. Drop L heel down.

S5: Diagonal Kick Ball Change, Rock Step, Shuffle Back, Touch Back, Reverse 1/2 Turn Left.

1 & 2 Facing right diagonal kick R forward. Step down on ball of R. Step down on L. 4:30
3 - 4 Still on the diagonal rock forward on R. Rock back on L.
5 & 6 Still on the diagonal step back on R. Step L next to R. Step back on R.
7 - 8 Touch L toe back. Reverse 1/2 turn over L shoulder transferring weight to L. 10:30

Square up to 9:00 wall to start the dance again.

Enjoy

Restart - During wall 4, Restart after 16 counts facing 9:00.