

Ha Da

拍数: 68 墙数: 2 级数: Improver
编舞者: China Line Dance Sport Promotion Centre (CN) - June 2016
音乐: Ha Da by Chunlei



Sequence: AT1B - ATIB -T2 - B*B*AB (B*= S1-S4 of Part B)

Intro: 16 Counts from heavy beats

Part A (32 counts)

AS1 SIDE, CROSS, SIDE, HOOK, SIDE, CROSS, SIDE, HOOK

1-2 Big step L to L , cross R over L
3-4 Step L to L , kick R diagonal L
5-6 Big step R to R , cross L over R
7-8 Step R to R , kick L diagonal L (12:00)

AS2 CROSS, RECOVER, TOUCH, SIDE, BACK, PLACE, STOMP, 1/2 TURN L, TOUCH×3

1&2 Cross L over R, recover on R, touch L toe behind R (keeping knees bent and weight on R)
3-4 Step L to L, touch R toe behind L (keeping knees bent)
&5&6 Step R in place , tap L in place , weight on R turn 1/2 L , touch L toe behind R (keeping knees bent and weight on R)
7-8 Tap L toe in place, tap L toe in place (6:00)

AS3: Repeat AS1 (6:00)

AS4: Repeat AS2 (12:00)

Part B (36 counts)

BS1: SKATE FORWARD×3 , SKATE FORWARD×3 , SIDE , TOUCH HEEL , SIDE , TOUCH HEEL

1&2 Step L diagonal forward(drag R to L) , step R diagonal forward(drag L to R) , Step L diagonal forward(drag R to L)
3&4 Step R diagonal forward(drag L to R) , step L diagonal forward(drag R to L) , step R diagonal forward(drag L to R)
5-6 Step L to L , touch R heel to R
7-8 Step R to R , touch L heel to L (12:00)

BS2: SKATE BACK×3, SKATE BACK×3 , SIDE , TOUCH HEEL , SIDE , TOUCH HEEL

1&2 Step L diagonal back(drag R to L) , step R diagonal back(drag L to R) , step L diagonal back(drag R to L)
3&4 Step R diagonal back(drag L to R) , step L diagonal back(drag R to L) , step R diagonal back(drag L to R)
5-6 Step L to L , touch R heel to R
7-8 Step R to R , touch L heel to L (12:00)

BS3: (1/4 TURN L WALK L-R-L , 1/4 TURN L WALK R-L-R)×2

1&2 1/4 turn L stepping forward L, R, L (drag R to L) (9:00)
3&4 1/4 turn L stepping forward R, L, R(drag L to R)(6:00)
5&6 1/4 turn L stepping forward L, R, L(drag R to L)(3:00)
7&8 1/4 turn L stepping forward R, L, R(drag L to R)(12:00)

BS4: CROSS MAMBO×2, HOOK , TOUCH , HOOK , STEP , STEP , STEP , TOUCH HEEL

1&2 Cross L over R, recover on R, step L to L
3&4 Cross R over L, recover on L, step R to R
5&6& Hook L across R , touch L next to R, hook L across L , step L next to R

7&8 Step R in place, step L in place, touch R heel to diagonal R (12:00)

BS5 : 1/4 TURN L BACK MAMBO×2

1&2 Step R back, recover on L, 1/4 turn L tapping R forward

3&4 1/4 Turn L stepping R back, recover on L, tapping R forward (6:00)

Tag 1: (8 counts)

&1&2 Step L in place , 1/4 turn R stepping R next to L , step L next to R, step R in place

3-4 Tap L in place , tap L in place

5&6 1/4 Turn L stepping L to L, 1/4 turn L stepping R next to L, step R in place

7-8 Tap L in place, tap L in place

The next step (the first step of part B) should make a 1/4 turn R (12:00 or 6:00)

Tag 2: (16 counts)

TS1: WALK FORWARD L-R-L , BACK MANBO , WALK FORWARD L-R-L , 1/2 TURN L BACK MAMBO

1&2 Step forward L, R, L

3&4 Step R back, recover on L, stomp R forward

5&6 Step forward L, R, L (6:00)

7&8 1/2 turn L Stepping R back, recover on L, stomp R forward

TS2 : WALK FORWARD L-R-L , BACK MAMBO , WALK FORWARD L-R-L , 1/2 TURN L BACK MAMBO

1&2 Step forward L, R, L

3&4 Step R back, recover on L, stomp R forward

5&6 Step forward L, R, L

7&8 1/2 Turn L stepping R back, recover on L, stomp R forward (12:00)

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