

# Easy Life

COPPER KNOB  
BY SHEETS

拍数: 32      墙数: 2      级数: Improver  
编舞者: Jane Middleton (UK) & Ian Scowcroft (UK) - October 2016  
音乐: Ready To Roll - Ruthie Collins



Music Available on Download from iTunes & [www.amazon.co.uk](http://www.amazon.co.uk)

(This was written as an Improver floor split for floor split for: -  
'Crazy Life' By Robbie McGowan Hickie & Jef Camps)

## #16 Count intro

### S1: Forward Rock. Left Shuffle Back , Back Rock , 2 x Walks Forward.

1 – 2      Rock forward on Left. Recover onto Right.  
3 & 4      Left shuffle Back L R L.  
5 – 6      Rock back on Right, Recover forward onto Left.  
7 – 8      Walk forward on Right. Walk forward on Left. (Facing 12 o'clock)

### S2: Jazz Box ¼ R, Cross, Jazz Box ¼ R, brush,

1 -- 2      Cross Right over Left. Step back on Left.  
3 – 4      Make 1/4 turn R stepping on Right. Cross L over R stepping on L.  
5 – 6      Cross Right over Left. Step back on Left.  
7 – 8      Make 1/4 turn R stepping on Right. Brush L over R (weight stays on R). (Facing 6 o'clock) \*\*

### S3: Cross rock, Chassis ¼ Turn L. 2 x Walks Forward. Anchor Step.

1 – 2      Cross Rock L over R, Recover onto R.  
3 & 4      Step Left. Step Right beside Left. Step forward on Left turning ¼ left.  
5 – 6      Walk forward on Right. Walk forward on Left.  
7 & 8      Step Right behind Left. Rock forward on Left. Replace Right. (Facing 3 o'clock)

### S4: 2 x Walks Back. Coaster Step. Step ½ Pivot, Step ¼, Hitch.

1 – 2      Walk back on Left. Walk back on Right.  
3 & 4      Step Back Left, Step Right Beside Left, Step Forward Left.  
5 – 6      Step Forward Right, Turn ½ Left onto Left .  
7 & 8      Step Forward Right. Turn ¼ L hitching left knee (keep weight on right). (Facing 6 o'clock)

## Start Again

\*\*Restart: □ Dance to Count 15 of Wall 5 replace brush L over R with a hitch (left knee, like the last step of the dance)... then Start the Dance Again from the Beginning (Facing 6 o'clock)

Contact: [jetsetjane@gmail.com](mailto:jetsetjane@gmail.com)