

Sigulempong

拍数: 88 墙数: 2 级数:
编舞者: Ema Ambunsuri (INA) - October 2016
音乐: Sigulempong - Novita Dewi Marpaung



Start on lyric "Natinitip Sanggar..."

Sequence: A,B,A,B, Tag, A,B,Tag

A Session 40 counts

AI. 1.WALK FORWARD, BRUSH, WALK BACK, BRUSH

- 1-2. Step R Forward-Step L Forward
- 3-4. Step R Forward - Brush On L
- 5-6. Step L Back - Step R Back
- 7-8. Step L Back - Brush On R.

A1.2. STEP SIDE, CROSS, BACK LOCK, SUFFLE

- 1-2. Step R To Side - Cross L Over R
- 3&4. Step R Back - Lock L Over R - Step R Back
- 5-6. Step L To Side - Cross R Over L
- 7&8. Step L Back - Lock R Over L - Step L Back

A1.3. STEP SIDE , CROSS BEHIND, STEP IN PLACE

- 1&2. Step R To Side - Cross L Behind R - Step R In Place
- 3&4. Step L To Side - Cross R Behind L - Step L In Place

AII.1. FULL TURN RIGHT, BRUSH FULL TURN LEFT, BRUSH

- 1-2-3-4. 1/4 Turn Right, Step R Forward – 1/2 Turn Right, Step L Back- 1/4 Turn Right, Step R To Side - Brush On L
- 5-6-7-8. 1/4 Turn Left, Step L Forward - 1/2 Turn Left, Step R Back- 1/4 Turn Left, Step L To Side - Brush On R

AII. 2. STEP SIDE, CLOSE, CHASSE, STEP SIDE, CLOSE, CHASSE

- 1-2. Step R To Side - Close L Beside R
- 3&4. Step R To Side - Close L Beside R - Step R To Side
- 5-6. Step L To Side - Close R Beside L
- 7&8. Step L To Side - Close R Beside L- Step L To Side

AII. 3. 1/2 TURN LEFT, CROSS BEHIND , IN PLACE

- 1&2. 1/2 Turn Left, Step R To Side - Cross L Behind R - Step R In Place
- 3&4. Step L To Side - Cross R Behind L - Step L In Place

B section 48 counts

B 1. □CROSS ROCK, STEP IN PLACE, STEP SIDE, STEP IN PLACE, CROSS BEHIND, STEP IN PLACE, CHASSE.

- 1-2 Cross Rock R Over L, Step L Inplace
- 3-4 Step R Back - Step L In Place
- 5-6 Cross R Behind L - Step L In Place
- 7&8 Step R To Side - Close L Together R Step R To Side.

B 2. CROSS ROCK , STEP IN PLACE, STEP SIDE, STEP IN PLACE, CROSS CHASSE

- 1-2. Cross Rock L Over R - Step R In Place
- 3-4. Step L Back - Step R In Place

5-6. Cross L Behind R - Step R In Place
7&8. Step L To Side - Close R Together L - Step L To Side

B 3. CROSS ,SIDE, CROSS, SIDE TOUCH, CROSS, SIDE, CROSS, SIDE TOUCH

1 - 2 Cross R Over L - Step L To Side
3 - 4 Cross R Over L - Side L To Touch
5 - 6 Cross L Over R - Step R To Side
7 - 8 Cross L Over R - Side R To Touch

B 4. JAZZ BOX TURN, JAZZ BOX TURN

1-2-3-4 Cross R Over L - 1/2turn Right, Step L Back - Step R To Side- Step L Forward
5-6-7-8 Cross R Over L -1/2turn Right, Step L Back, Step R To Side - Step L Forward

B 5. CROSS ROCK , STEP IN PLACE, STEP BACK , STEP IN PLACE, CROSS, STEP IN PLACE, CHASSE

1 - 2 Cross Rock R Over L -Step L In Place
3 - 4 Step R Back - Step L In Place
5 - 6 Cross R Over L -Step L In Place
7 & 8 Step R To Side - Close L Together R - Step R To Side

B 6. CROSS ROCK , STEP IN PLACE, STEP BACK , STEP IN PLACE, CROSS, STEP IN PLACE, CHASSE

1 - 2 Cross Rock L Over R -Step R In Place
3 - 4 Step L Back - Step R In Place
5 - 6 Cross L Over R- Step L In Place
7 & 8 Step L To Side- Close R Together R- Step L To Side

TAG : Sweep R(Pushing Hip R) - L,R, Sweep L(Pushing Hip L) - R,L

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