

Days Like This

拍数: 36 墙数: 4 级数: Advanced
编舞者: Hiroko Carlsson (AUS) - October 2016
音乐: Days Like This - Van Morrison : (iTunes)



(Intro: 16 counts)

[S1] 1/4L Fwd, Charleston R, Back, 1/2R Fwd, Fwd, Charleston R, 1/4R Back, Together

1 2 3 Turn 1/4L step L fwd, swing R from back to front, swing R from front to back
4&5 Step L back, turn 1/2R step R fwd, step L fwd
6 7 Swing R from back to front, swing R from front to back
8& Turn 1/4R step L back, step R next to L (6:00)

[S2] Fwd, Sweep Cross, Side, Back, 1/4L Sweep, Rock Back, Side w/3x Sway, Rock Behind, Recover

1 2& Step L fwd, sweep across R over L, step L to side
3 4& Step R back then turn 1/4L sweep L around R, rock L back, recover weight on R
5 6 7 Step L to side and sway to L, sway to R, sway to L
8& Step R behind L, recover weight on L (3:00)

[S3] 1/4R, 1/2, 1/2, 1/2, 1/2, 1/4 Side, 1/4 Side(Skate), 1/4 Side (Skate), Rock Behind, Recover

1 2 Turn 1/4R step R fwd, turn 1/2R step L back,
3 4& Turn 1/2R step R fwd, turn 1/2R step L back, turn 1/2R step R fwd
5 6 7 Turn 1/4R step L to side, turn 1/4R slide R to side, turn 1/4L slide L to side
8& Rock R behind L, recover weight on L (9:00)

[S4] Back, 1/2L Sailor, Side, 1/2R, Fwd, Step Pivot, Quick Step Pivot, Fwd

1 2& Step R back, turning 1/2L sweep L around of R then step L back, recover weight on R
3 4& Step L to left side, turn 1/2R step R fwd, step L fwd (9:00)
5 6 Step R fwd, turn 1/2L weight on L *
7 8& Step R fwd (7), turn 1/2L weight on L (8), step R fwd (&) (9:00)

[S5] Fwd, Hold, 1/2L, 1/2L, Back

1 2 Step L lunge fwd, hold
3&4& Step R back then turn 1/2L weight on R (3), step L fwd then turn 1/2L weight on L(&), hold
(4), step R back and ready to start (&) (9:00)

Tag: Wall 7 counts 30 (S4) + Step Change

Step Change

S4 - count 7 8& Step R fwd (7), turn 3/4L weight on L (8), step R fwd (&) (12:00)

Then,

Repeat following steps 3 times

Lunge, Back, Back, Cross Touch Unwind, 4x Sway

1 2& Lunge L fwd, step R back, step L next to R
3 4 Cross R toe over L, left full unwind weight on R (cross L over R)
5 6 7 8 Step L to side sway L, sway R, sway L, sway R (12:00)

Please contact me for demo & work through, I will send via e-mail as an attachment.

(hirokoclinedancing@gmail.com)

(updated 15/Oct/16)