

Blame It On My Heart

COPPER KNOB
STEPPERS

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Ria Vos (NL) - October 2016
音乐: Blame It on My Heart - Karmin : (Album: Leo Rising)



Intro: 4 Counts

S1: Step, Kick-Ball Change, Hitch, Point Back, ½ Turn R, Shuffle ½ Turn R

1 Step Fwd on L
2&3 Kick R Fwd, Step on Ball of R Next to L, Step Fwd on L
4 Hitch R Fwd
5-6 Point R Back, ½ Turn R Stepping weight on R
7&8 Shuffle ½ Turn R Stepping L-R-L

S2: ¼ R, Point, Full Turn L, Hold, & Side Touch

1-2 ¼ Turn R Step R to R Side, Point L to L Side
3-4 ¼ Turn L Step Fwd on L, ½ Turn L Step Back on R
5-6 ¼ Turn L Step L to L Side, Hold
&7-8 Step R Next to L, Step L to L Side, Touch R Next to L

S3: Point R, ¼ R Together, Side Rock-Cross, -Repeat

1-2 Point R to R Side, ¼ Turn R Step R Next to L
3&4 Rock L to L Side, Recover on R, Cross L Over R
5-6 Point R to R Side, ¼ Turn R Step R Next to L
7&8 Rock L to L Side, Recover on R, Cross L Over R

S4: Side, Drag, Ball-Cross, Side Rock, & Fwd Rock, Step Back

1-2& Step R Long Step to R Side, Drag L Towards R, Step L Next to R
3 Cross R Over L
4-5& Rock L to L Side, Recover on R, Step L Next to R
6-7-8 Rock Fwd on R, Recover on L, Step Back on R

S5: ½ Turn L Step Fwd, Kick/Sweep, Cross, Back, Side, Cross, Hold, Ball-Cross, Unwind 5/8 Turn L

1-2& ½ Turn L Step Fwd on L, Kick/Sweep R Fwd, Cross R Over L
3-4 Step Back on L, Step R to R Side
5-6 Cross L Over R, Hold
&7-8 Step on Ball of R to R Side, Cross L Over R, Unwind 5/8 Turn R (weight R, facing 11:30)

***Restart Point

S6: Step, Lock, Lock Step, Rock Fwd, & Back with Touch, & Back with Touch

1-2 Step Fwd on L, Lock R Behind L
3&4 Step Fwd on L, Lock R Behind, Step Fwd on L
5-6 Rock Fwd on R, Recover on L
&7 Step R Small Step Back to R Diagonal, Point L Slightly Fwd
&8 Step L Small Step Back to L Diagonal, Point R Slightly Fwd

S7: Rock Back, ½ Turn L, Rock Back, ½ Turn R, Shuffle ½ Turn R

1-2-3 Rock Back on R, Recover on L, ½ Turn L Step Back on R
4-5-6 Rock Back on L, Recover on R, ½ Turn R Step Back on L
7&8 Shuffle ½ Turn R Stepping R-L-R (facing 4:30)

S8: 1/8 Turn R Side, Touch, Kick-Ball-Cross, Sway R-L-R, ¼ Turn L Hitch L

1-2 1/8 Turn L Step L to L Side, Touch R Next to L (6:00)

3&4 Kick R Fwd, Step R Next to L, Cross L Over R
5-6 Step and Sway R to R Side, Sway L
7-8 Sway R, ¼ Turn L Hitch L (bend backwards slightly)

Restart: On wall 2 After count 40: Turn 1/8 R to 3:00 and start again

Ending: Replace count 16 with R Touch Behind, Unwind ½ Turn R to end facing front

Contact: dansenbijria@gmail.com
