

Bad Man

拍数: 56 墙数: 4 级数: Phrased Intermediate / Advanced
编舞者: Jonno Liberman (USA), Rick Dominguez (USA) & Alix Liberman (USA) - October 2016
音乐: Bad Man (feat. Robin Thicke, Joe Perry & Travis Barker) - Pitbull



Dance begins after 16 counts. - No Tags - No Restarts

NOTES:

Phrasing: AA BB AA BB AA BB AA B

A 12:00 A 6:00

B 12:00 B 9:00

A 6:00 A 12:00

B 6:00 B 3:00

A 12:00 A 6:00

B 12:00 B 9:00

A 6:00 A 3:00

B 6:00

Section A – 16 Counts

A[1-8] Walk x2, Hitch x2, 1/2 Pivot, Hitch x2 (6:00)

1, 2 Step L forward, Step R forward

3&4 Step L next to R as you hitch R, Step R forward, Step L next to R as you hitch R

5, 6 Step R forward, Pivot 1/2 left finishing with weight on L (6:00)

7&8 Step R next to L as you hitch L, Step L forward, Step R next to L as you hitch L

A[9-16] Step-Out x2, Hip Bump x2, Rock-Recover, Coaster (6:00)

1, 2 Step L on diagonal to left, Step R on diagonal to right

3&4 Bump hips left, Return hips right, bump hips left finishing with weight on L

5, 6 Rock R forward, Recover back onto L

7, 8 Step R back, Step L next to R, Step R forward

Section B – 40 Counts

B[1-8] Step, Kick Cross Slide, Ball Cross, Side, 1/4 Sailor, Ball (9:00)

1, 2& Step L forward, Kick R forward, Cross R over L

3-4 Step L to left and slide R next to L

&5, 6 Step onto ball of R, Cross L over R, Step R to right

7&8& Cross L behind R, Turn 1/8 left as you step R next to L, Turn 1/8 left as you step L forward (9:00), Step onto ball of R next to L

B[9-16] Walk x2, Step, Heel Twists, Walk Back x2, Step Heel, Step Toe, Ball (9:00)

1, 2 Step L forward, Step R forward

3&4 Step R forward leaving weight on both feet, Twist both heels out, Twist both heels back in

5, 6& Step L back, Step R back, Step L next to R

7&8& Touch R heel forward, Step R next to L, Touch L toe next to R, Step onto ball of L next to R

B[17-24] Step Back Slide, Back, 1/8 Step, Crossing Triple, 1/8 Step, 1/8 Step, Crossing Triple, 1/8 Side (12:00)

1-2, 3 Step R back and slide L next to R, Step L back

Continue moving toward 9:00-wall for steps (3)&-8

&4&5 Turn 1/8 left as you step onto R (7:30), Cross L over R, Step R to right, Cross L over R

6& Turn 1/8 right as you step R forward (9:00), Turn 1/8 right as you step L to left (10:30)

7&8& Cross R over L, Step L to left, Cross R over L, Turn 1/8 right as you step L to left (12:00)

B[25-32] Side, Touch, Side, Weave, Side, Touch, Side, 1/4 Weave (9:00)

1, 2 Touch R next to L, Step R to right
3&4 Cross L behind R, Step R to right, Cross L over R
&5, 6 Step R to right, Touch L next to R, Step L to left
7&8 Cross R behind L, Turn ¼ left as you step L forward (9:00), Step R forward

B[33-40] Step, Cross, Side Rock Recover Cross, 1/4 Triple w/Sweep, Cross, Side, Touch, Face new wall (9:00)

1, 2 Step L forward, Cross R over L
3&4 Rock L to left, Recover onto R, Cross L over R
5&6 Step R to right, Step L next to R, Turn 1/4 right as you step R forward and sweep L from back to front (12:00)
7&8 Cross L over R, Step R to right, Touch L behind R (12:00)
& Turn 1/4 left before starting your next wall (9:00)

Contact: JivinJonno@icloud.com - OneRadDJ@aol.com
