Shine Anyway

拍数: 32

级数: Improver - Upbeat Country / Folk feel



音乐: Dancing in the Rain - Colleen Heauser : (Google Play Music, iTunes, and CD @ http://www.colleenheauser.com/)

Count-in: 22 counts of instrumental build-up, start on lyrics "Sitting waiting for that storm to pass..." Notes: Music slows during final 31 & 32 counts and ends w/ R step forward and graceful freestyle overhead arm motion on 1

[1-8] IR MAMBO ½ TURN, L MAMBO ½ TURN, R ¾ TURN, HOP L + R KICK w/ ¼ R TURN

1& Rock R forward (1), ball L in place as you turn ¼ R (&)□3:00

墙数:4

编舞者: Christopher Gonzalez (USA) - September 2016

- 2 Step R slightly forward as you turn ¼ R (2)□6:00
- 3& Rock L forward (3), ball R in place as you turn ¼ R (&)□3:00
- 4 Step L slightly forward as you turn ¼ L (4)□12:00
- 5 Step R forward and across with right toe facing 1:30 (5) 12:00
- 6 Step L to side as you turn ¼ R (6)□3:00
- 7 Step R to side as you turn ½ R (7)□9:00
- 8 Hop L and kick R as you turn ¼ R (8)□12:00

[9-16] CR PONY, R HEEL SWITCH & L TOUCH, & L WEAVE, R HEEL SWITCH w/ ¼ R TURN, R BALL

- 1& Hop R slightly back (1), ball L in place (&) 12:00
- 2& Step R slightly back (2), Step L slightly back (&) 12:00
- 3& Heel R to 1:30 (3), step R together (&) 12:00
- 4& Touch L together (4), step L in place (&) 12:00
- 5 Cross R over L (5) 12:00
- 6 Step L to side (6)□12:00
- 7& Ball R behind L (7), step L to side (&)□12:00
- 8& Heel R as you turn ¼ R (8), ball R together (&) 3:00

[17-24] L WALK, R CROSS w/ ¼ R TURN, L BACK SHUFFLE w/ ¼ R TURN, BIG R SLIDE w/ ¼ R TURN, 2 KICKS w/ ¼ R TURN

- 1 Walk L forward (1)□3:00
- 2 Cross R over L as you turn ¼ R (2)□6:00
- 3& Step L back as you turn ¼ R (3), ball R together (&) 9:00
- 4 Step L back (4)□9:00
- 5 Big step R as you turn ¼ R and drag L toward R (5)□12:00
- 6 Continue dragging L toward R as you turn ¼ R (6)□1:30
- 7 Step L together and kick R in an slightly clockwise arch as you turn ½ R (7)□3:00
- 8 Step R back as you kick L (8) 3:00

[25-32] L BACK LOCK, 2 KICKS, 4 WALKS

- 1& Lock L across R (1), ball R back (&)□3:00
- 2 Lock L across R (2)□3:00
- 3 Step R slightly back as you kick L (3)□3:00
- 4& Step L slightly back as you kick R (4), push forward on to L ball (&) 3:00
- 5 Walk R forward (5) Styling option: leap R forward (5) 3:00
- 6 Walk L forward (6)□3:00
- 7 Walk R forward (7)□3:00
- 8 Walk L forward (8) 3:00