

Catch Me A Cowboy

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Ultra Beginner
编舞者: Pat Newell (USA) - October 2016
音乐: Cowboys Are My Weakness - Trisha Yearwood



Start - 16 counts in

Tags- 2x 8 count Tags

Learning: Triples, rock recover to ¼ wall, pivots, single step touches, tags

TRIPLE RIGHT, ROCK, RECOVER, TRIPLE LEFT ROCK RECOVER to ¼ WALL RIGHT

1&2, 3,4 Step R, L, R, rock back on L, recover on R
5&6 7,8 Step L, R, L, rock back on R, turning ¼ to 3:00 wall - 3:00

TRIPLE FORWARD ROCK RECOVER, TRIPLE BACK ROCK RECOVER

1&2, 3, 4 Moving forward, triple R, L, R, rock forward on L, recover on R
5&6, 7, 8 Moving back, triple L, R, L, rock back on R, recover on L

4x ¼ TURN PIVOTS RIGHT *left hand on hip, right hand in air twirling rope counter clockwise

1-4 Step forward on R, pivot ¼ L weight on L, step forward on R, pivot ¼ L, weight on L
5-8 Step forward on R, pivot ¼ L, weight on L step forward on R, pivot ¼ L, weight on L - 3:00

SINGLE STEP TOUCHES WITH 2 ¼ TURNS LEFT

1-4 Step R to R, touch L beside R, step L to ¼ L, touch R - 12:00
5-8 Step R to R, touch L beside R, step L to ¼ L, touch L - 9:00

REPEAT

Tags dance 4 times through the dance, facing 12:00 wall then Step Right, Touch Left Toe behind R, Step L, Touch Right Toe behind Left, repeat for a total of 8 counts

You will do this Tag 2 times in the dance.

Both times after 4 rotations.

Finish dance at front wall, doing single step touches to end of music.

SMILE AND DANCE FOR THE HEALTH OF IT

Last Update - 16th Oct 2016