

# If You Believe In Love

COPPERKNOB  
STEPSHEETS

拍数: 32      墙数: 4      级数: Low Intermediate  
编舞者: Micaela Svensson Erlandsson (SWE) - July 2016  
音乐: Let's Get It On - Marvin Gaye : (Album: Remixed)



Intro: 32 counts

**\*\* Dedication: To my husband Mikael "LD Crazy Mike" Erlandsson \*\***

**Note: The rhythm is most often seen in a dance style called Chicago Steppin',**

## **BACK, BACK, COASTER STEP, WALK, WALK, ANCHOR STEP**

1-2&      Step left back, step right back, step left back  
3&4      Hold, step right together, step left forward  
5-6&      Step right forward, step left forward, cross/rock right behind  
7&8      Hold, recover to left, step right back

## **SWAY, SWAY, HITCH, OUT-OUT, TOGETHER, CROSS, HEEL BUMPS X3, UNWINDING 1/2 LEFT**

1-2&      Rock left side and hip left, recover to right and hip right, hitch left  
3&4      Hold, step left side, step right side  
5-6&      Step left together, cross right over, turn 1/8 left and bounce heels  
7&8      Hold, turn 1/4 left and bounce heels, turn 1/8 left and bounce heels (weight to left)

## **ROCK STEP, COASTER STEP, ROCK STEP, COASTER STEP**

1-2&      Rock right forward, recover to left, step right back  
3&4      Hold, step left together, step right forward  
5-6&      Rock left forward, recover to right, step left back  
7&8      Hold, step right together, step left forward

## **STEP, TURN 1/4 LEFT, RIGHT SAILOR STEP, PLACE HANDS ON OPPOSITE HIPS SWAYING, HIP ROLL**

1-2&      Step right forward, turn 1/4 left (weight to left), cross right behind  
3&4      Hold, rock left side, recover to right  
5-6      Rock left side and hip left (place right hand across to left hip), recover to right and hip right  
(place left hand across to right hip)  
7-8      Hold for 2 counts (roll hips right, ending weight to right)

**REPEAT**

Last Update – 18th Oct 2016