Break On Me Ez

级数: Beginner / Improver

编舞者: Annemaree Sleeth (AUS) - October 2016

墙数:4

音乐: Break on Me - Keith Urban : (Album: Rip Cord - iTunes - 3:25)

Alternate Music Setting the World on Fire By Kenny Chesney Ft Pink Length 3.37 - iTunes

Intro 32 Seconds in on word " Days " Written As A Split Floor to Joshua Talbots Dance" Break On Me " Intro Start on Word Lyrics about 32 seconds Written As A Split Floor to Kevin Formosa Dance La Cienega Boulevard

SEC 1: SWAY, SWAY, ¼ R BEHIND, SIDE CROSS, SWAY, SWAY L SAILOR

- 1 2 Sway Hips R ,Sway Hips L
- 3&4 ¼ Turn R Sweep R From Front To Cross R Behind L, Step L Side, Cross R Over L
- 5 6 Sway Hips L, Sway Hips R 9 .00
- 7 &8 Cross L Behind, Rock R Side, Step L Side

Sec 2: SIDE ,TOGETHER, SCISSOR, SIDE ,TOGETHER, SCISSOR

- 1 2 Slide/Step R Side, Step L Together (Small Steps)
- 3&4 Rock R Side, Step L Together, Cross R Over L
- 5 6 Slide/Step L Side, Step R Together (Small Steps
- 7&8 Rock L Side, Step R Together, Cross L Over L 9.00

Option Counts 3&4 And 7&8 Can Substitute Side Recover Crosses

Sec 3: FORWARD, RECOVER, BACK, CROSS, BACK, BACK, RECOVER, CROSS SAMBA

- 1 2 Rock R Forward, Recover L Back
- 3&4 Step R Back, Cross L Over R, Step R Back
- 5 6 Step L Back, Recover R
- 7 &8 Cross L Over R, Step R Side, Recover L

SEC 4: CROSS RECOVER, SIDE, RECOVER, BACK, RECOVER, STEP, ½ PIVOT

- 1 2 Cross R Over L, Recover L
- 3 4 Rock R Side, Recover L, 3.00
- 5 6 Rock R Back, Recover L
- 7 &8 Step R Forward, ½ Pivot L, Touch R Beside L or leave touch out

I heard Restarts but choosing to dance through them on all the music used Email: inlinedancing@gmail.com... Youtube Annemaree Sleeth

Have Fun





拍数: 32