

Fire & Lightning

COPPER **KNOB**
BY STEPHEN BRETZ

拍数: 32 墙数: 2 级数: Beginner
编舞者: Lisa M. Johns-Grose (USA) - October 2016
音乐: Thunder in the Rain - Kane Brown



INTRO: 16 cts.

*******Re-start – During wall 3 (facing 12 o'clock) dance 1-16 then re-start the dance)**

(This dance I choreographed during the middle of the night, helping me to burn nervous energy, during the midst of Hurricane Matthew!!

WALK R –L – R ANCHOR STEP- DRAG BACK L-R- L COASTER STEP

1-2 Walk forward right, left
3&4 (Angling to right) step ball of right behind left, (straightening up) step left in place, step right slightly back
5-6 Drag ball of left back stepping down, Drag ball of right back stepping down
7&8 Step back on left, step right next to left, step left forward (12 o'clock)

R DIAG.– L LOCK – R DIAG. SHUFFLE FWD- L DIAG.-R LOCK- L DIAG. SHUFFLE FWD

1-2 Step right forward to the right diagonal, step left behind right
3&4 Step right forward to right diagonal, step left behind right, Step right forward to right diagonal
5-6 Step left forward to left diagonal, step right behind left
7&8 Step left forward to left diagonal, step right behind left, Step left forward to left diagonal (12 o'clock)

******* During wall 3 (facing 12 o'clock) re-start here**

HEEL GRIND ¼ R- R COASTER STEP- ROCK L FWD – REC R- L COASTER CROSS

1-2 Touch right heel forward with toes turned left, swivel toes to right making ¼ turn right
3&4 Step right back, step left next to right, step forward right (3 o'clock)
5-6 Rock forward left, recover back right
7&8 Step back on left, step back on right, step left across right

R SIDE ROCK- REC L- R BEHIND, L SIDE, R ACROSS L- L SIDE ROCK- REC R- L BEHIND, R ¼ R- L FWD

1-2 Rock right to right side, recover left
3&4 Step right behind left, step left to left, step right across left
5-6 Rock left to left side, recover right
7&8 Step left behind right, step right making ¼ turn right, step forward left (6 o'clock)

Begin Again!

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