

Sugar

拍数: 32 墙数: 4 级数: Intermediate WCS
编舞者: Enric Nonell (ES) - September 2016
音乐: Sugar (feat. Francesco Yates) - Robin Schulz



[1-8] Walk x2, ¼ turn right throughout an anchor step, cross, ¼ turn left and step back, ¼ turn left and step side, drag

1,2 Step RF forward, step LF forward
3&4 Turn 1/8 right and rock RF forward, recover on LF, turn 1/8 more to right and step RF to right (3:00)
5,6 Cross LF over RF, ¼ turn left and step RF backward
7,8 ¼ turn left and step LF to left, drag RF toward LF (9:00)

[9-16] Cross rock step, 1/8 turn right and step side, step forward, drag, 3/8 turn right tap

1&2 Cross rock RF over LF, recover on LF, turn 1/8 to right and step RF to right (10:30)
3,4 Step LF forward (10:30), drag RF toward LF
5,6 Tap on ball of RF in place while start turning 3/8 right, tap on ball of LF in place and continue turning
7,8 Tap on ball of RF in place while continue turning, tap on ball of LF in place to end the 3/8 right turn (end looking 3:00)

***Re-start here at the 6th repetition**

[17-24] Cross ball change x2, jazz box

1&2 Cross RF over LF, rock on ball of LF to left, recover on RF
3&4 Step LF forward, step RF together, step LF forward
5-8 Step RF forward, cross LF over RF, step RF backward, step LF to left

[25-32] Bump right hip, bump left hip, step, hold, ball step, hold, ball walk

1,2 Touch RF to right diagonal forward and bump right hip, step on RF
3,4 Touch LF to left diagonal forward and bump left hip, step on LF
5,6 Rock on RF forward, hold
&7,8 Step together on ball of RF, step LF forward, hold
& Step together on ball of LF

Start again Walking forward on 1

Re-start at the 6th repetition: there's a re-start coinciding with an instrumental 16 counts section. Just need to dance until the 3/8 turn tap section and then re-start from the beginning with the RF walking forward.

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