

# Undone

拍数: 32      墙数: 4      级数: Low Improver  
编舞者: Tom Inge Soenju (NOR) - October 2016  
音乐: Undone - Joe Nichols : (Album: Undone - 3:23, ~ - iTunes, Google Play and Amazon.)



Intro: 16 Counts.

Sequence: Repeating sequence.

Tag/Restart: No tags, but one restart after 8 counts in wall 3.

End: Dance as normal till music ends.

## Section 1: Rumba box B/F, F R Shuffle, L F Step, ½ R Pivot, L F Step

- 1 &      Step right foot to right side and step left foot next to right foot
- 2      Step right foot back
- 3 &      Step left foot to left side and step right foot next to left foot
- 4      Step left foot forward
- 5 &      Step right foot forward and step left foot next to right foot
- 6      Step right foot forward
- 7 &      Step left foot forward and make a half turn to your right (weight on right foot)
- 8      Step left foot forward

Restart: Restart here in wall 3

## Section 2: Full L turn, R F Shuffle, Rumba box F/B

- 1      Half turn to your left stepping right foot back
- 2      Half turn to your left stepping left foot forward
- 3 &      Step right foot forward and step left foot next to right foot
- 4      Step right foot forward
- 5      Step left foot to left side and step right foot next to left foot
- 6      Step left foot forward
- 7      Step right foot to right side and step left foot next to right foot
- 8      Step right foot back

## Section 3: L Coaster step, R Kick, L/R Point, R Hitch, R Cross, B L Cross shuffle

- 1 &      Step left foot back and step right foot next to left foot
- 2      Step left foot forward
- 3 &      Kick right foot forward and step down right foot next to left foot
- 4 &      Point left foot to left side and step left foot next to right foot
- 5 &      Point right foot to right side and hitch right foot
- 6      Cross right foot over left foot
- 7 &      Step left foot back and cross right foot over left foot
- 8      Step left foot back

## Section 4: ½ R Sailor Turn, L F/B Rocking chair, L Cross, R B Step, ¼ L Turn-L F Step, R Point-Touch

- 1 &      Half turn to your right stepping right foot to right side and step left foot to left side
- 2      Step right foot forward
- 3 &      Rock left foot forward and recover weight onto right foot
- 4 &      Rock left foot back and recover weight onto right foot
- 5      Cross left foot over right foot
- 6      Step right foot back
- 7 &      Quarter turn to your left stepping left foot forward and point right foot to right side
- 8      Touch right foot next to left foot

**Start again and enjoy! Happy Dancing!**

**Contact: If anything is unclear or if you would like additional information, please contact me:**

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