

Un Homme Debout

COPPERKNOB
STEPSHETS

拍数: 48 墙数: 4 级数: Improver / Intermediate waltz
编舞者: Maryloo (FR) - October 2016
音乐: Un homme debout - Claudio Capéo



Intro : 24 counts

S1 : STEP & SWEEP (L & R)

1-2-3 Step L forward, sweep R from back to front (on 2 counts)
4-5-6 Step R forward, sweep L from back to front (on 2 counts)

S2 : CROSS MAMBO (L & R)

1-2-3 Cross/rock L over R, recover on R, step L next to R
4-5-6 Cross/rock R over L, recover on L, step R next to L

S3 : PIVOT ½ TURN R

1-2-3 large Step L forward (on 3 counts)
4-5-6 pivot ½ turn R, weight on R (on 3 counts)(6.00)

S4 : BASIC ½ R X2

1-2-3 ½ turn R stepping L behind (12.00), step R next to L, step L next to R
4-5-6 ½ turn R stepping R forward (6.00), step L next to R, step R next to L

S5 : CROSS MAMBO (L & R)

1-2-3 Cross/rock L over R, recover on R, step L next to R
4-5-6 Cross/rock R over L, recover on L, step R next to L

S6 : L TWIKLE , R TWINKLE ¼ R

1-2-3 Cross L over R, 1/8 turn to L stepping R to side (4.30), recover on L
4-5-6 Cross R over L, 1/8 turn to R stepping L back (6.00), ¼ turn to R stepping R to R side (9.00)

S7 : CROSS SHUFFLE

1-2-3 Cross L over R (on 2 counts), step R to side
4-5-6 Cross L over R (on 3 counts)

S8 : R COASTER STEP

1-2-3 Step R back (on 2 counts), step L to side
4-5-6 Step R forward (on 3 counts) (9.00)

RESTART : During the 5 th wall (12.00), after 24 counts (6.00)

Have Fun !

Contact choreographer : Maryloo : malouwin@hotmail.fr - Website : www.line-for-fun.com