You Run Away

拍数: 32

级数: Absolute Beginner

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音乐: Kizunguzungu - SaRaha

Start dancing on the word "Away" (6 seconds)

WALK FORWARD x 3 , KICK , WALK BACK x 3, TOUCH

- 1-2 Walk forward right, Walk forward left
- 3-4 Walk forward right, kick left forward (and clap hands)
- 5-6 Walk back left, Walk back right
- 7-8 Walk back left, Touch right beside left

WALK FORWARD x 3 , KICK , WALK BACK x 3, TOUCH

- 9-10 Walk forward right, Walk forward left
- 11-12 Walk forward right, kick left forward (and clap hands)
- 13-14 Walk back left, Walk back right
- 15-16 Walk back left, Touch right beside left

V - STEP x 2

- 17-18 Step right diagonally forward right, step left diagonally forward left
- 19-20 Step right back, step left together
- 21-22 Step right diagonally forward right, step left diagonally forward left
- 23-24 Step right back, step left together

SWAY RIGHT & LEFT WITH TURNS

- 25-26 Sway hip to right, Sway hips to left while turning 1/8 to left
- 27-28 Sway hip to right, Sway hips to left while turning 1/8 to left (9.00)
- 29-30 Step forward on right, Kick left forward, (and clap hands)
- 31-32 Step back on left, touch righ back

Start again

Extra:

In the music there is a Bridge of 8 counts, after dancing 4 walls Do the first 8 counts in the dance, and start over

After wall 4, Facing Forward (12.00)

Do the 8 first count of the dance, then start the dance from the beginning again You will then have done 3 set of walking Forward and back before continuing the dance with steps [17-32]

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墙数:4