

Down To The Brown Bird River

COPPER KNOB
STEPPERS

拍数: 48 墙数: 4 级数: High Beginner
编舞者: Nancy Storrs (USA) - September 2016
音乐: Down to the River - Brown Bird



alternate music is "Think It Over" by The Crickets (Buddy Holly).

#16 (2 of 8) Count Intro - Weight on Left Foot

S1: Vine 8, Weave

1-4 Step to right side, left behind, step ¼ right, step forward on left
5-6 Pivot ½ right, turn ¼ right stepping left to left side
7 & 8 Weave right behind, step left side, cross right in front of left

S2: Weave Left, Lindy Left

1-4 Step left to left side, step right behind left, step left to left side, cross right across left
5 & 6 Step Left to left side, Step right next to left, Step Left to left side
7-8 Rock back on right, recover.

S3: Samba, Samba, Jazz Box

1 & 2 Step right across left, step to left with ball of left foot, recover
3 & 4 Step left across right, step to right with ball of right foot, recover
5-8 Right across left, back on left, right to side, close left.

S4: Right Heel, Left Heel, Paddle 1/8 Left, Paddle 1/8 Left

1-4 Touch right heel forward, step on right beside left, touch left heel forward, step on left beside right
5-8 Step forward on right, paddle 1/8 left, paddle 1/8 left

S5: Forward Toe Strut, Forward Toe Strut, Toe, Bump, Bump, Bump

1-2 Step forward on right toe, step down on right heel.
3-4 Step forward on left toe, step down on left heel
5 Step forward on right toe, keeping weight on left foot and not stepping down on right heel
6-7-8 Bump hip left, left, left

S6: Back Toe Strut, Back Toe Strut, Toe, Bump, Bump, Bump

1-2 Step back on right toe, step down on right heel.
3-4 Step back on left toe, step down on left heel
5 Step back on right toe, keeping weight on left foot and not stepping down on right heel
6-7-8 Bump hip left, left, left

No Tags Or Restarts.

The music slows down during the back toe struts of the fourth time the dance is repeated and speeds up during the back toe struts of the fifth time the dance is repeated. Continue regular dance at the tempo of the music, slowing down and speeding up to keep the rhythm.

The dance ends at 6:00; on the 8th beat, do a right unwind to return to 12:00.

Contact: nsstorrs@aol.com