

# Cowboy Twist Arizona Style

**COPPER KNOB**  
STEPSHETS

拍数: 32      墙数: 4      级数: Beginner  
编舞者: Pat Newell (USA) - September 2020  
音乐: Bad Bad Leroy Brown - Helmut Lotti



Alt: Whiskey Under the Bridge, Brooks and Dunn  
Dance to any piece of music phrased to 32 counts

## Senior Dancing Series

Learning: Point touches, ¼ turn on ball of foot, grapevines, heel swivels, heel stands

### TOUCH RIGHT OUT, TOGETHER, REPEAT, TURN ¼ LEFT ON BALL OF LEFT FOOT, TOUCH OUT, TOGETHER, OUT TOGETHER

1-4            Touch R out, touch together, touch R out, touch together  
5-8            Turn ¼ L on ball of L foot, touch R out, touch together, touch out, touch together

### VINE RIGHT WITH A TOUCH, TOUCH LEFT, OUT, TOGETHER, OUT TOGETHER

1-4            Step R to R, L behind R, step R to R, touch L beside R  
5-8            Touch L out, together, out together

### VINE LEFT, HEEL SWIVELS RIGHT, CENTER, RIGHT CENTER

1-4            Step L to L, R behind L, L to L, step down on R  
5-8            Swivel heels R, C, R, C

### HEEL STANDS

1-4            Touch R heel forward, return beside L, touch L heel forward, return beside R  
5-8            Touch R heel forward, return beside L, touch L heel forward, return beside R

### SMILE AND DANCE FOR THE HEALTH OF IT

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