

Cowboy Twist Arizona Style

COPPER KNOB
STEPSHETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Pat Newell (USA) - September 2020
音乐: Bad Bad Leroy Brown - Helmut Lotti



Alt: Whiskey Under the Bridge, Brooks and Dunn
Dance to any piece of music phrased to 32 counts

Senior Dancing Series

Learning: Point touches, ¼ turn on ball of foot, grapevines, heel swivels, heel stands

TOUCH RIGHT OUT, TOGETHER, REPEAT, TURN ¼ LEFT ON BALL OF LEFT FOOT, TOUCH OUT, TOGETHER, OUT TOGETHER

1-4 Touch R out, touch together, touch R out, touch together
5-8 Turn ¼ L on ball of L foot, touch R out, touch together, touch out, touch together

VINE RIGHT WITH A TOUCH, TOUCH LEFT, OUT, TOGETHER, OUT TOGETHER

1-4 Step R to R, L behind R, step R to R, touch L beside R
5-8 Touch L out, together, out together

VINE LEFT, HEEL SWIVELS RIGHT, CENTER, RIGHT CENTER

1-4 Step L to L, R behind L, L to L, step down on R
5-8 Swivel heels R, C, R, C

HEEL STANDS

1-4 Touch R heel forward, return beside L, touch L heel forward, return beside R
5-8 Touch R heel forward, return beside L, touch L heel forward, return beside R

SMILE AND DANCE FOR THE HEALTH OF IT

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