

# Rock It

**COPPER**KNOB  
STEPSHEETS

拍数: 32      墙数: 2      级数: Easy Beginner  
编舞者: J. Connor - September 2016  
音乐: Uptown Funk (feat. Bruno Mars) - Mark Ronson



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## Rock Forward, Side, Back, Step

1-8      Rock right forward, recover on left, rock right to side, recover on left, rock right back, recover on left, step on right, hold.

## Rock Forward, Side, Back, Step

1-8      Rock left forward, recover on right, rock left to side, recover on right, rock left back recover on right foot, step on left foot, hold.

## Rocking Chair x 2

1-4      Rock right forward, recover on left, rock right back, recover on left

5-8      Rock right forward, recover on left, rock right back, recover on left

## Pivot ¼ left x 2, Sway RLRL

1-4      Step forward right, pivot ¼ turn to left, step forward right, pivot ¼ turn to left

5-8      Sway right, left, right, left

## Repeat

**Note:** This is a beginner dance to use for teaching rocks.

Contact & Submitted by Sally Magnussen - [mmagnussen@yahoo.com](mailto:mmagnussen@yahoo.com)

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