

Watch Me Do (Ssh Be Quiet)

COPPERKNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Improver
编舞者: Annemaree Sleeth (AUS) - October 2016
音乐: Watch Me Do - Meghan Trainor : (Album: Thankyou - iTunes)



Intro : About 16 Counts After Heavy Beat On Start On Words 'Cause I Just Woke Up

I Have Another Dance That Is Ab No Tag No Restart Named (Ssh Be Quiet)Ab

SEC 1 □[1 – 8] POINTS & TOUCHES- SIDE , TOGETHER, SIDE, TOUCH, SIDE SHUFFLE, BACK ROCK, RECOVER

1- 2 Point R Side, Touch R Forward
3- 4 Point R Side, Touch R Together
5&6 Step R Side, Step L Together, Step R Side
7- 8 Step L Back, Recover R

SEC 2 [9 - 16] □POINTS & TOUCHES - SIDE, TOGETHER, SIDE, FLICK, SIDE BEHIND, 1/4 L FORWARD SHUFFLE

1- 2 Point L Side, Touch L Forward ,
3- 4 Point L Side, Flick L Behind R,
5- 6 Step L Side, Cross R Behind L
7&8 Turning ¼ L Step L Forward, Step R Together, Step L Forward □□ 9.00

SEC 3 [17 – 24] ROCKING CHAIR, STEP 1/8 L Pivot, x 3 Add Touch

1- 2 Rock R Forward, Recover L,
3- 4 Rock L Back Recover L,
5&6& Push R Toes Out Side,(9.00) Pivot1/8 on Ball of L, Push R Toes Side,(6.00) Pivot1/8 on Ball of L
7&8 Push R Toes Side, Pivot1/8 on Ball of L, Touch R Together □□ 3.00

Push Turns Make a ½ Circle L □□□□□

SEC 4 [25 – 32] CROSS SAMBA, CROSS SAMBA, CROSS, BACK, KICK BALL CROSS

1&2 Cross R Over L , Step L Side, Recover R,
3&4 Cross L Over R , Step R Side, Recover L,
5- 6 Cross R Over R, Step L Back
7& 8 Kick R Diag, Step On Ball Of R, Cross L Over R 3.00

Choice Of Tag Or Restart End Of Wall 7 Restart is - Dance First Section Change Step if 7-8 to 7&8 will now be (7)Rock L Back,(&) Recover R (8)Step L Side To Finish. You will be facing 3.00 Kick Ball Cross. Add Step R Forward, ¼ Pivot L to Face Front

Tag is 2 Right Jazz Boxes Or 2 Reverse Jazz Boxes facing 9.00

JAZZ BOX, BRUSH, REVERSE JAZZ BOX

1- 2 Cross R Over L Step L Back,
3- 4 Step R Side, Brush L Over R
5- 6 Cross L Over R, Step R Back
7- 8 Step L Side, Touch R Together

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Last Update – 20th Oct 2016

