

Pumpkin Soup

拍数: 32 墙数: 2 级数: Intermediate
编舞者: Hiroko Carlsson (AUS) - September 2016
音乐: Pumpkin Soup - Kate Nash : (iTunes)



(Intro: 16 counts)

[S1] Kick Fwd & Back &, Kick Side, Out-Out, Ball Cross 1/4R Box Step, Together

1-2& Kick R fwd, kick R back, step R next to left (replace weight on R)
3&4& Kick L side, step L next to right, step R to side, replace weight on L
5 6 Cross R over left, Step L back,
7 8& Turn 1/4R step R fwd, step side on left, step R next to left (3:00)

[S2] Side Rock Recover, 3/4L Spin Fwd, Full L spin, Point Side, 1/8R Together, Tog

1 2& Step L to side, rock weight onto R, step L next to right
3-4 Step R to side then spin 3/4 L (weight on R), step L fwd
5-6 Step R to front then full spin L (weight on R), step L fwd
7-8& Touch R side, pull R towards L then turn 1/8R together, L tog (7:30)

[S3] 2xFwd, Rock Fwd, Out-out, Back, 1/2L Fwd, Fwd, Rock Fwd, Out-out, Back, 3/8R Fwd Fwd

1&2& Walk R L (1&), rock R fwd then replace weight on L(2&)
3&4& Step R diagonally back, step L to side, step R back, turn 1/2R step L fwd (1:30)
5&6 Step R fwd (5), rock L fwd then replace weight on R(&6)
&7&8& Step L diagonally back, step R to side, step L back, turn 3/8R step R fwd, L fwd (6:00)

[S4] R Circle Walk, 2xQuick Pivot, Hitch Back, Back, Back, Together

1 2 1/4R turn and step R, 1/4R turn and step L,
3 4 1/4R turn and step R, 1/4R turn and step L,
5&6& Step R Fwd, turn 1/2L weight on L, Step R Fwd, turn 1/2L weight on L and hitch R
7&8& Step R back, Step L back, Step R back, Step L next to R (6:00)

Tag (16 counts): After the 3rd wall (facing 6 o'clock)

2x Slow Basic Night Club

1-2 3 4 Step R side, hold, rock L behind R, recover weight on R
5-6 7 8 Step L side, hold, rock R behind L, recover weight on L

Cross Full Unwind, Touch back Full Unwind

1-2-3-4 Sweep R (back to front) and cross R over on left (1 2), L full-turn unwind slowly weight on R
(3 4)
5-6-7-8 Sweep L (front to back) toe touch back (5 6), L full-turn unwind slowly weight on L (7 8)

Please contact me for demo & work through, I will send via e-mail as an attachment.
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