

# J K Boogie

拍数: 48      墙数: 2      级数: Beginner / Improver  
编舞者: John Sandham (ES) & Krys Myerscough (ES) - September 2016  
音乐: Jitterbug Boogie - Albert Lee & Hogan's Heroes  
或: any 48 count Rock n Roll



## Sec 1: Right Step-slide-step-hold. Left Coaster step Hold

1-2            step forward on right foot-slide left foot up to right.  
3-4            step forward on right foot- Hold the 4th count.  
5-6            step forward on Left foot-step right beside left.  
7-8            step back on left foot.- hold the 8th count.

## Sec 2: Right Step-slide-Step-Hold. Left Coaster step hold

1-2            step back on right foot-slide left-back to right foot.  
3-4            step back on right foot- hold the 4th count.  
5-6            step back on left foot-step right beside right.  
7-8            step forward on left foot- hold the 8th count.

## Sec 3: Right Toe-Heel-Cross-hold. Left Toe-Heel-Cross-Hold.

1-2            touch right toe to left instep ( toe in)-left heel side (toe out)  
3-4            cross right foot over left foot- hold with weight on right.  
5-6-7-8        repeat 1-4 starting with Left foot.

## Sec 4: Right Cross-turn-Step-Hold.Left Cross-turn Step-Hold

1-2            cross right over left-step back on left (making a ¼ turn right)  
3-4            step to right side on right- hold the 4th count.  
5-6            cross Left over right-step back on right ( ¼ turn Left)  
7-8            step left to left side- hold the 8th count.

## Sec 5: Right Kick-Step-Left Kick-Step-Right Coaster step.

1-2            kick right foot forward-step right foot beside left.  
3-4            kick left foot forward-step left foot beside right.  
5-6            step back on right foot-step left beside right foot.  
7-8            step forward on right foot- hold the 8th count.

## Sec 6: Left Rock-Turn-Step-Hold. Kick-Step-Kick-Step.

1-2            rock forward on left foot-recover back onto right foot.  
3-4            make a ½ turn to left stepping forward on left foot-hold.  
5-6            kick right foot forward-step right foot next to left.  
7-8            Kick left foot forward-step left foot next to right.

Start over !

No Tags or Restarts ...Have Fun! With this one

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F/B Costa Blanca Line Dance

Last Update - 13th Oct 2016