

# Praise The Lord

拍数: 34                      墙数: 4                      级数: Beginner  
编舞者: Micaela Svensson Erlandsson (SWE) - September 2016  
音乐: I Saw The Light - Derek Ryan : (Album: A Mothers Son)



Intro: Start on the word "Wonder".

**Section 1: □ Rock Step. Coaster Step. Rock Step. Coaster Step.**

1-2                      Rock forward on right. Recover onto left.  
3&4                     Step back on right. Step left beside right. Step forward on right.  
5-6                     Rock forward on left. Recover onto right.  
7&8                     Step back on left. Step right beside left. Step forward on left.

**Section 2: □ Step. ½ Turn left. Step. ¼ turn left. Right Bota Fogo. Left Bota Fogo.**

1-2                     Step forward on right. Turn ½ left.

**Restart here: On Wall 6 (Facing 3 O'clock).**

3-4                     Step forward on right. Turn ¼ left.  
5&6                     Step forward crossing right over left. Rock left to left. Recover onto right.  
7&8                     Step forward crossing left over right. Rock right to right. Recover onto left.

**Section 3: □ Rock Step. Back Shuffle. Coaster Step. Walk. Walk.**

1-2                     Rock forward on right. Recover onto left.  
3&4                     Step back on right. Close left beside right. Step back on right.  
5&6                     Step back on left. Step left beside right. Step forward on left.  
7&8                     Walk forward on right. Walk forward on left.

**Section 4: Kick Ball Change. Step. ¼ Turn left. Kick Ball Change. Step. ¼ Turn left.**

1&2                     Kick right forward. Step right in place. Step left in place.  
3-4                     Step forward on right. Turn 1/4 left.  
5&6                     Kick right forward. Step right in place. Step left in place.  
7-8                     Step forward on right. Turn 1/4 left.

**Section 5: □ Stomp & Wave arms right. Stomp & Wave arms left.**

1-2                     Stomp right in place waving the arms right. Stomp left in place waving arms left.

Restart: on Wall 6 in Section 2 after the step. ½ Turn facing 3 O'clock.

Note: The music sounds like you should restart or do a tag on wall 5.  
Ignore it and Restart on the next wall facing after the Step. ½ turn, facing 3 O'clock.

Last Update - 8th Oct 2016