Write This Down (AB)



拍数: 32 墙数: 4 级数: Absolute Beginner

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音乐: Write This Down - George Strait: (iTunes)



INTRO: 32 counts....Start dancing on vocals..(I never saw the) end in sight.

WALK FORW x3-KICK-WALK BACKWx3-TOUCH

1-2	Step R foot forw, Step L foot forw
3-4	Step R foot forw, Kick L foot forw
5-6	Step L foot back, Step R foot back
7-8	Step L foot back, Touch R next to L

SIDE-BEHIND-SIDE-TOGETHER-TWIST HEELS

1-2	Step R foot to R side, Cross L foot behind R
3-4	Step R foot to R side, Step L foot next to R
5-6	Twist both heels to R, Twist both heels back to center
7-8	Twist both heels to R, Twist both heels back to center

SIDE-BEHIND-1/4 TURN L-TOGETHER-TWIST HEELS

1-2	Step L foot to L side, Cross R foot behind L
3-4	1/4 turn L stepping L foot forw (F09), Step R next to L
5-6	Twist both heels to R, Twist both heels back to center
7-8	Twist both heels to R, Twist both heels back to center

FORW-SCUFF-FORW-SCUFF-BACK-TOUCH-BACK-TOUCH

1-2	Step R foot forw, Scuff L foot forw
3-4	Step L foot forw, Scuff R foot forw
5-6	Step R foot back, Touch L next to R
7-8	Step L foot back, Touch R next to L

START AGAIN!

HAPPY DANCING!!

OPTION: You can also do the dance with a Restart on wall 5 Facing 09 after 24 counts.

Last Update - 3rd Nov 2016