

Beautiful Sunday

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Maddison Glover (AUS) - January 2013
音乐: Beautiful Sunday - Die Campbells : (Album: Jy's Die Girl)



Begin the dance on vocals

Section 1:

1,2,3,4 Step R to R side, Kick L across R, Step L to L side, Kick R across L,
5,6,7&8 Step R to R side, Kick L across R, Step L to L Side, Step R together, Step L to L side.

Section 2:

1,2,3,4 Cross R over L, Step L to L side, Step R behind L, turn $\frac{1}{4}$ L stepping fwd on L,
5,6,7,8 Step R fwd , Pivot $\frac{1}{2}$ turn over L, Walk fwd R,L . (3:00)

Section 3:

1,2,3,4 Step R to R side, touch L beside R as you turn your shoulders to face L diagonal, Step L to L
side, touch R beside L as your turn your shoulders to face R diagonal,
5,6,7&8 Step R to R side, touch L beside R, Step L to L side, Step R together, Step L to L side

Section 4:

1,2,3,4 Cross R over L, Step L to L, Step R behind L, turn $\frac{1}{4}$ L stepping fwd onto L,
5,6,7&8 Step R fwd, Pivot $\frac{1}{2}$ turn over L, Kick R fwd, Step R together, Step L fwd. (6:00)

Section 5:

1,2,3,4 Step R fwd, Hold (Clap) , Pivot $\frac{1}{2}$ over L, Hold (Clap) putting weight onto L
5,6,7&8 Step R fwd, Pivot $\frac{1}{2}$ over L, Kick R fwd, Step R together, Step L fwd.(6:00)

Section 6:

1,2,3&4 Rock fwd onto R, Replace weight back onto L, Make $\frac{1}{2}$ over R stepping R fwd, Step L
together, Step R fwd
5&6,7&8 Make $\frac{1}{2}$ turn over R stepping L back, Step R together, Step L back, Turn $\frac{1}{4}$ R as you step R
to R side, Step L together, Step R to R side. (9:00)

Section 7:

1,2,3,4 Cross L over R, Point R to R side, Cross R over L, Point L to L side
(The above four counts are completed whilst travelling fwd)
5,6,7&8 Cross L over R, Step R back, Step L back, Step R together, Step L fwd.

Section 8:

1,2,3,4 On slight R diagonal step R fwd, Step L beside R, Step R fwd, touch L beside R (clap)
5,6,7,8 On slight L diagonal step L fwd, Step R beside L, Step L fwd, touch R beside L (clap)

* With Motown arm movements / Shoop Shoop *