

So Superstitious

COPPER KNOB
BY STEPHEN HETS

拍数: 104 墙数: 2 级数: Phrased Advanced
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音乐: Superstitious - MKTO : (amazon & iTunes)



#16 count intro - Sequence: A, B, C, Tag, A, C, Tag, C, B, C, C, ½ Tag

Part A – 56 counts

Section A1: Heel Grind, Ball Cross Side Heel Together, Press, Sweep, Sailor ½ L

- 1 2 & Grind right heel across left (1); step left to left side (2); step right next to left (&);
3 & 4 Cross left over right (3); step right to right side (&); dig left heel diagonally forward turning ¼
left (4); [10.30]
& 5 6 Step left next to right (&); rock/press forward on right (5); recover on left sweeping right
around from front to back (6);
7 & 8 Cross right behind left (7); ¼ turn left stepping left to left side [7.30] (&); ¼ turn left stepping
forward on right (8); [4.30]

Section A2: Lock, Rock Recover, Back, Cross, ⅛, Together, Forward, ¼, Side, Cross, Side, Behind

- & 1 2 Lock step left behind right (&); rock forward on right (1); recover on left (2);
&3 &4 Step back on right (&); cross left over right (3); ⅛ turn left stepping back on right (&); step left
next to right (4); [3.00]
5 6 Step forward on right (5); ¼ turn right stepping on ball of left to left side slightly back and
rocking to left (6); [6.00]
7&8& Step right to right side (7); cross left over right (&); step right to right side (8); cross left behind
right (&);

Section A3: Side Rock, Behind, ¼, ¼, Behind, Side Rock, Behind, ¼, Pivot ¼

- 1 2 Rock right to right side swaying hips to right (1); recover on left (2);
3&4& Step right behind left (3); ¼ turn left stepping forward on left (&); ¼ turn left stepping right to
right side (4); step left behind right (&); [12.00]
5 6 Rock right to right side swaying hips to right (5); recover on left (6);
7&8& Step right behind left (7); ¼ turn left stepping forward on left (&); step forward on right (8);
pivot ¼ turn left (&); [6.00]

Section A4: Heel Grind, Ball Cross Side Heel Together, Press, Sweep, Sailor ½ L

- 1 2 & Grind right heel across left (1); step left to left side (2); step right next to left (&);
3 & 4 Cross left over right (3); step right to right side (&); dig left heel diagonally forward turning ¼
left (4); [4.30]
& 5 6 Step left next to right (&); rock/press forward on right (5); recover on left sweeping right
around from front to back (6);
7 & 8 Cross right behind left (7); ¼ turn left stepping left to left side [1.30] (&); ¼ turn left stepping
forward on right (8); [10.30]

Section A5: Lock, Rock Recover, Back, Cross, ⅛, Together, Forward, ¼, Side, Cross, Side, Behind

- & 1 2 Lock step left behind right (&); rock forward on right (1); recover on left (2);
&3 &4 Step back on right (&); cross left over right (3); ⅛ turn left stepping back on right (&); step left
next to right (4); [9.00]
5 6 Step forward on right (5); ¼ turn right stepping on ball of left to left side slightly back and
rocking to left (6); [12.00]
7&8& Step right to right side (7); cross left over right (&); step right to right side (8); cross left behind
right (&);

Section A6: Side Rock, Behind, ¼, ¼, Behind, Side Rock, Behind, ¼, Step, Lock

- 1 2 Rock right to right side swaying hips to right (1); recover on left (2);

- 3&4& Step right behind left (3); ¼ turn left stepping forward on left (&); ¼ turn left stepping right to right side (4); step left behind right (&); [6.00]
- 5 6 Rock right to right side swaying hips to right (5); recover on left (6);
- 7&8& Step right behind left (7); ¼ turn left stepping forward on left (&); step forward on right (8); lock left behind right (&); [3.00]

Section A7: Rock Recover, Together, Rock Recover, Together, Cross, ⅙, ⅙, Forward

- 1 2 & Rock forward on right (1); recover on left (2); step right next to left (&);
- 3 4 & Rock forward on left (3); recover on right (4); step left next to right (&); [3.00]
- 5 6 Cross right over left (5); ⅙ turn right stepping back on left (6);
- 7 8 ⅙ turn right stepping right to right side (7); step forward on left (8); [6.00]

Part B – 16 counts

Section B1: Out, In, Kick, Together, Rock Recover Cross, Touch, Point, ½, Rock Recover Cross

- 1&2& Touch right out to right side (1); touch right next to left (&); low kick forward right (2); step right next to left (&);
- 3&4& Rock left to left side (3); recover on right (&); cross left over right (4); touch right next to left (&);
- 5 6 Point right to right side (5); ½ turn right stepping right next to left (6); [12.00]
- 7 & 8 Rock left to left side (7); recover on right (&); cross left over right (8);

Section B2: Side, Touch, ¼, Pivot ½, Rock Recover, Back, Back, Sailor ¼ Touch

- & 1 2 Step right to right side (&); cross point left behind right (1); ¼ turn left stepping forward on left (2); [9.00]
- 3&4& Step forward on right (3); pivot ½ turn left (&); rock forward on right (4); recover on left (&); [3.00]
- 5 6 Walk back right while swivelling left toe up and out (5); walk back left while swivelling right toe up and out (6);
- 7 & 8 Step right behind left (7); ¼ turn left stepping slightly forward on left foot(&); touch right next to left (8); [12.00]

Part C – 32 counts

Section C1: Side, Knee In, ¼, Pop, Coaster Cross, ½, ½, Ball Step, Ball Step

- 1 Step right to right side (1);
- 2 & 3 Pop left knee in towards right (2); pop left knee out turning ¼ to left (weight on right with pointed toe) (&); recover weight on left while sliding right toe next to left and popping right knee forward (3); [9.00]
- 4 & 5 Step back on right (4); step left next to right (&); cross step right over left (5);
- 6 7 ½ turn left transferring weight to left (6); ½ turn right transferring weight to right (7);
- &&1 Step left next to right (&); ¼ turn right taking small step forward on right (8); step left next to right (&); ¼ turn right taking small step forward on right (1); [3.00]

Section C2: ¼ Side, Hip Roll pushing hips forward, Hips Back, Out, Out, Knee Pop, Together, cross, Knee Pop

- 2 3 4 ¼ turn right stepping left to left side as you roll hips round and backwards from left to right (2); ¼ right, right heel on ground with toe presented up and push hips forward, weight slightly on heel (9.00 wall) (3); bring weight back onto left as you bring hips back into alignment (4);
- &5&6 step right out and slightly back (&); step left out and slightly back (5); bop both knees forward at same time, lifting heels (&); recover heels back down and bring knees back (6);
- &7&8 step right in (&); cross left over right (7); bop both knees forward whilst crossed, lifting heels (&); recover heels back down and knees back (8);

Section C3: ¼, Rock Forward, Recover, Back, Cross, Back, Side, Cross, Back, Side, Cross, Side

- 1 2 3 4 ¼ right stepping forward on the right (1); rock forward on the left (2); recover weight back onto right (3); step back on left (4);
- 5 & 6 cross right over left (5); step left back and slightly to left diagonal (&); step right to right side (6);

& 7 & cross left over right (&); step right back and slightly to right diagonal (7); step left to left side (&);

8 & cross right over left (8); step left to left side (&);

Section C4: R Cross Samba, L Cross Samba, Rock Forward, Recover, Back, ½

1 & 2 cross right over left (1); step left back and slightly to left diagonal (&); step right to right side (2);

3 & 4 Cross left over right (3); step right back and slightly to right diagonal (&); step left to left side (4);

5 6 Rock forward on right (5); recover weight back onto left (6);

7 8 Step back on right (7); ½ over left shoulder stepping forward on the left (8);

Tag: Step, Pivot ½, Step, Pivot 1/2

1 2 Step forward on right (1); ½ turn over left shoulder, finishing weight forward on left (2);

3 4 Step forward on right (3); ½ turn over left shoulder, finishing weight forward on left (4);

Note: dance finishes on count 2 of the Tag

Last Update - 13th Oct 2016
