

Gimme The Green Light

COPPER KNOB
BY STEPHEN

拍数: 64 墙数: 4 级数: Intermediate - Funky
编舞者: Suzi Beau (ENG) - September 2016
音乐: Greenlight (feat. Flo Rida & LunchMoney Lewis) - Pitbull



No Tags Or Restarts

SECTION 1: BALL CROSS SIDE, BACK ROCK SIDE, BEHIND SIDE CROSS, SCUFF HITCH TOUCH

&1,2 Step on to ball of L (&) Cross R over L (1) Step L to L side (2)
3&4 Rock back on R (3) Recover on L (&) Step R to R side (4)
5&6 Step L behind R (5) Step R to R side (&) Cross L over R (6) (1:30)
7&8 Scuff R by L (7) Hitch R knee (&) Step on to R toe (8)

SECTION 2: KNEE POP KICK COASTER 1/8 HEEL HITCH STEP, HEEL BOUNCE X2 1/4

1,2 Drop R heel as you pop the L knee (1) Straighten L leg as you kick R (2)
3&4 Turn 1/8 R step back on R (3), Step L next to R (&) Step R forward (4) (3:00)
5&6 Dig L heel forward (5), Hitch L (&) Step forward L (6)
7,8 Bounce heels Turning 1/8 R (7) Bounce heels turning 1/8 R (8) (6:00)

SECTION 3: SAILOR X2 RIGHT LOCK STEP WALK SCUFF HITCH BACK

1&2 Step R behind L (1) Step L to L side (&) R in place (2)
3&4 Step L behind R (3) Step R to R side (&) Step L in place(4)
5&6& Step R fwd (5) Lock L behind R (&) Step R fwd (6) Step L fwd (&)
7&8 Scuff R by L (7) Hitch R knee (&) Step back on R (8)

SECTION 4: BACK CROSS & BACK CROSS, HEEL BOUNCE X2 1/2 KNEE POP LEFT RIGHT

1,2 Step back on L (1) Cross R over L(2)
&3,4 Step on to ball of L(&) Step back on R (3) Cross L over R (4)
5,6 Bounce heels Turning 1/4 R (7) Bounce heels turning 1/4 R (8) (12:00)
7,8 Step weight on R, Pop L knee fwd (7) Step weight on L Pop R knee fwd(8)

SECTION 5: CROSS SIDE SAILOR, CROSS SIDE COASTER 1/4

1,2 Cross R over L (1) Step L to L side (2)
3&4 Step R behind L(3) Step L to L side (&) Step R next to L (4)
5,6 Cross L over R, (5), Step R to R side (6)
7&8 Turn 1/4 L stepping back on L (7) Step R next to L (&) Step fwd L(8) (9:00)

SECTION 6: WALK WALK SHUFFLE, FORWARD ROCK TRIPLE FULL TURN

1,2 Walk fwd R (1) Walk fwd L (2)
3&4 Step R fwd (3) Step L next to R (&) Step R fwd(4)
5,6 Rock fwd on L (5), Recover on R (6)
7&8 Turn 1/2 L stepping L fwd (7) Turn 1/4 L Stepping R to L(&) Turn 1/4 L stepping L next to R (8)

SECTION 7: CROSS SIDE BEHIND & CROSS, PRESS RECOVER, PRESS RECOVER

1,2 Cross R over L (1) Step L to L side (2)
3&4 Step R behind L(3) Step L to L side (&) Cross R over L(4)
5,6 Press L to L side (5), Recover on R (6)
7,8 Press L to L side (7) Recover on R(8)

(Optional styling: Replace count 5,6,7,8 with snake roll, bending knees slightly , sideways body rolls)

SECTION 8: BALL CROSS HOLD (CHEST POP) BALL CROSS SIDE, COASTER 1/4 STEP PIVOT 1/4

&1,2 Step on the ball of L (&) Cross R over L (1) Hold, push shoulders back popping chest

&3,4 Step on ball of L(&) Cross R over L(3) Step L to L side (4)
5&6 Turn 1/4 R stepping back on R (5), Step L next to R (&) Step R fwd (6)
7,8 Step fwd on L (7) Pivot 1/4 R taking weight on R (8)

Happy Dancing xx

For bookings contact Suzi Beau on 07597257114 or Suzibea@mail.com
