

Let's Talk About ...

拍数: 32 墙数: 4 级数: Improver +
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音乐: Sex - Cheat Codes & Kris Kross Amsterdam



S1: Walk, walk, Rock, recover, step, shuffle, rock, recover.

1,2 Walk right forward, walk left forward.
3&4 Right rock forward, recover, step right back
5&6 Left back, right next to left, left back.
7, 8 Right rock back, recover.

S2: Weave, ¼ turn, shuffle.

1, 2 Right to right, left behind right.
3, 4 Right to right, left next to right.
5, 6 ¼ turn left with left forward, ½ turn left with right back.
7&8 Left back, right next to left, left back.

S3: Rock, recover, rock, recover, weave, rock, recover.

1, 2 Rock right back, recover.
3, 4 Rock right to right side, recover.
5&6 Right behind left, left to left, right in front of left.
7, 8 Rock left to left side, recover.

S4: Weave, toe, ¼ turn, heel, toe, ¼ turn, heel, kick ball change.

1&2 Left behind right, right to right, left in front of right
3, 4 Point right toe next to left, ¼ turn left with left heel next to right.
5, 6 Point right toe next to left, ¼ turn left with left heel next to right.
7&8 Kick right forward, step ball of right next to left, step down on left.

Tag: There is a Tag after walls 2, 3 and 5. Just do a rocking chair with right foot on two counts.

Restarts: There is two Restarts. First is on wall 8 after 16 counts, second is on wall 10 after 8 counts.

Let`s dance!

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