

Rosa Del Mar

COPPERKNOB
BY STEPHENETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: DJ Dan (NL) - August 2016
音乐: Rosa Del Mar - Gabe Garcia : (iTunes)



Intro: 16 counts

(1-8) CROSS ROCK, CHASSE, CROSS, UNWIND 1/2 TURN RIGHT, CROSS ROCK

1-2 Cross rock Right over Left, Recover onto Left
3&4 Step Right to right side, Step Left next to Right, Step Right to right side
5-8 Cross Left over Right, Left & Right unwind 1/2 turn right [6], Cross rock Right behind Left, Recover onto Left

(9-16) RIGHT SIDE, TOGETHER, LOCK STEP FORWARD, LEFT SIDE TOGETHER, LOCK STEP BACK

1-2 Step Right to right side, Step Left next to Right
3&4 Step Right forward, Lock Left behind Right, Step Right forward
5-6 Step Left to left side, Step Right next to Left
7&8 Step Left back, Lock Right across Left, Step Left back

(17-24) BACK ROCK, SHUFFLE 1/2 TURN LEFT, TOUCH BACK, 1/2 TURN LEFT, SIDE ROCK 1/4 TURN LEFT

1-2 Rock Right back, Recover onto Left
3&4 Shuffle 1/2 turn left stepping Right, Left, Right [12]
5-8 Touch Left toe behind Right heel, Left & Right 1/2 turn left [6], Make a 1/4 turn left rock Right to right side, Recover onto left [3]

Option count 7-8, Step Right forward, Right & Left pivot 1/4 turn left

(25-32) CROSS, TOUCH BEHIND, BACK ROCK WITH HIP PUSH, ROCK FORWARD, SHUFFLE 1/2 TURN LEFT

1-2 Cross Right over Left, Touch Left toe behind Right heel
3-4 Step slightly back on Left pushing hips back, Recover onto Right pushing hips forward
5-6 Rock forward Left, recover onto Right
7&8 Shuffle 1/2 turn left stepping Left, Right, Left [9]

Ending: On the last wall dance up to count 28, then step forward on Left, pivot 1/4 turn right [12]

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