Let's Have A Party Polka

级数: Beginner

编舞者: Russell Breslauer (USA) - June 2015

音乐: Let's Have a Party Polka - Walter Ostanek

Or Beer Barrel Polka by Walter Ostanek (*does not need stomp hitch at end) Or Any good accordion polka (*may not need stomp hitch at end)

DIAGONAL SIDE BASIC POLKA (side shuffle) FORWARD

- 1&2 Turning 1/8 right (1:30) Shuffle forward L, R L
- 2&4 Turning ½ left (10:30) Shuffle forward R, L R
- 5&6 Turning ½ right (1:30) Shuffle forward L, R L
- 7&8 Turning ½ left (10:30) Shuffle forward R, L R

DIAGONAL SIDE BASIC POLKA (side shuffle) BACK

1&2 (1:30) Shuffle back L, R L

拍数: 34

- 3&4 Turning 1/2 left (10:30) Shuffle back R, L R
- 5&6 Turning 1/2 right (1:30) Shuffle back L, R L
- 7&8 Turning ¹/₂ left (10:30) Shuffle back R, L R turning 1/8 left (12:00)

VINE AND SIDE, DRAW, HOLD STOMP (LEFT)

- 1&2 Step L to the left, step R behind Left, step L to the left
- 3&4 Step R in front of left, L to the left, R behind left
- 5&6 Step L to the left, Draw R next to Left and Scuff R
- 7&8 Hitch R, Stomp R and Hold (weight is on left foot) (Motion is backward bicycle)

VINE AND SIDE, DRAW, HOLD STOMP (RIGHT)

- 1&2 Step R to the right, step L behind Right, step R to the right
- 3&4 Step L in front of right, R to the right, L behind right
- 5&6 Step R to the right, Draw L next to right and Scuff L
- 7&8 Hitch L, Stomp L and Hold (weight is on left foot)

*Extra 2 counts (needed for Let's Have a Party) 1-2 Stomp Hitch

* not needed for music like Beer Barrel Polka

Repeat

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Last Revised: 9/13/16





墙数:

墙数: 1