

Dirty Laundry

拍数: 48 墙数: 2 级数: Intermediate
编舞者: Kristal Lynn Konzen (USA) - September 2016
音乐: Dirty Laundry - Carrie Underwood



Hold first 8 count; begin dancing when Carrie starts singing

Section 1: Walk Forward (2x), Kick Cross Point, Sway (2x), Full Left Turn Sailor Step

- 1,2 Walk forward with right foot, walk forward with left foot
3&4 Kick right foot forward, step right foot over left, point left toe out to left side
5,6 Hips sway to left side and transfer weight to left foot; hips sway right and transfer weight to right foot
7&8 Step left foot slightly behind right turning left, step right (6:00), continue turn to step on left foot (end at 12:00)

Section 2: Ball Cross, Hip Bumps, Half Paddle Turn, Ball Cross

- &1,2 Step onto right foot, left ball of foot steps over right, right foot steps out to right side
3&4 Hips bump to left side twice; weight ends on left foot
5,6,7 Right foot pushes off ground three times while turning left half turn (end at 6:00)
&8 Step right foot to right side, left ball of foot steps over right (weighted on left foot)

Section 3: Right Shuffle, ¼ Turn Left Shuffle, ½ Turn Backward Shuffle, Kick Ball Change

- 1&2 Step sideways onto right foot, left steps in to meet right, right foot steps out to right side
3&4 Step onto left foot while turning ¼ turn left, right steps in to meet left foot, left foot steps slightly forward (9:00)
5&6 Step backwards left ½ turn onto right foot, step left foot back to meet right, step right foot slightly back (3:00)
7&8 Kick left foot forward, step back onto left foot, step right slightly forward (3:00)

Section 4: Left Shuffle Forward, Right Chase Turn, Full Two Step Turn, Left Shuffle Forward

- 1&2 Step left forward, step right to meet left, step left forward
3&4 Step forward onto right foot, ½ turn over left shoulder to step onto left foot, step forward on right foot (9:00)
5,6 Full turn right (stepping onto left foot, step forward onto right foot to complete full turn)
7&8 Step left forward, step right foot together to meet left, step left forward (9:00)

****Tag #2 on Wall 3****

Section 5: Coaster Forward and Back, Step Forward Hip Bumps, Step Behind Hip Bumps

- 1&2 Step forward onto right foot, step left together, step back onto right foot
3&4 Step back onto left foot, step right back to meet left, step left foot forward (9:00)
5&6 Step right foot forward and ¼ turn left, while bumping hips to right side – weight ends on right foot (12:00)
7&8 Step left foot behind ½ turn left, while bumping hips to left side – weight ends on left foot (6:00)

Section 6: Open Step (2x), Coaster Step, and Repeat on Opposite Side

- 1, 2 Sweep right foot out to step (right side), sweep left foot out to step (left side)
3&4 Step slightly back onto right foot, step left next to right, step forward onto right foot
5,6 Sweep left foot out to step (left side), sweep right foot out to step (right side)
7&8 Step slightly back onto left foot, step right foot together, step left foot forward (6:00)

****Tag #1 after Wall 2****

TAGS:

***** TAG #1 (After Wall 2) *** Two Right Box Steps**

1-4 Step right foot over left, slide back onto left foot, step to right side, step left foot together

5-8 Step right foot over left, slide back onto left foot, step to right side, step left foot together

***** TAG #2 (After Wall 3, section 3) *** Single Right Box Step**

1-4 Step right foot over left, slide back onto left foot, step to right side, step left foot together

Please note, after this second tag, this two wall dance now faces east and west

****Please do not alter this stepsheet in any way, unless granted specific permission by Kristal Lynn Konzen.****

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