

It's Alright

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 2 级数: Easy Beginner Cha Cha
编舞者: Yvonne Krause (USA) - September 2016
音乐: It's Alright - Trisha Yearwood



[1-8] □ □ WALK WALK, TRIPLE STEP, WALK WALK, TRIPLE STEP

1-2 3&4 Walk forward right, left, cha cha stepping right, left, right.

5-6 7&8 Walk forward left, right, cha cha stepping left, right, left.

[9-16] □ □ CROSS ROCK RECOVER, TRIPLE STEP, REPEAT ON LEFT

1-2 3&4 Cross right over left, recover onto left, cha cha cha (right, left, right).

5-6 7&8 Cross left over right, recover onto right, cha cha cha (left, right, left).

[17-24] □ □ STEP HOLD, PIVOT 1/4 LEFT, ROCK RECOVER, TRIPLE STEP

1-4 Step forward on right, hold, pivot ¼ left, hold.

5-6 7&8 Rock forward on right, recover onto left, cha cha cha (right, left, right) (9:00)

[25-32] □ □ STEP HOLD, PIVOT 1/4 RIGHT, ROCK RECOVER, TRIPLE STEP

1-4 Step forward on left, hold, pivot ¼ right, hold.

5-6 7&8 Rock forward on left, recover onto right, cha cha cha (left, right, left). (12:00)

[33-40] □ □ HEEL HOLD & HEEL HOLD, ROCK RECOVER, TRIPLE STEP

1-2 & 3-4 Put right heel forward and hold, step right beside left, put left heel forward and hold.

&5-6 Step left next to right, rock forward on right, recover onto left.

7&8 Cha cha cha stepping right, left, right.

[41-48] □ □ HEEL HOLD & HEEL HOLD, ROCK RECOVER, TRIPLE STEP W/1/2 TURN LEFT

1-2 & 3-4 Put left heel forward and hold, step left beside right, put right heel forward and hold.

&5-6 Step right next to left, rock forward on left, recover onto right.

7&8 Cha cha cha as you make ½ turn left stepping left, right left. (6:00)

May You Always Dance Like No One Is Watching

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