

September

拍数: 160 墙数: 4 级数: Phrased Intermediate
编舞者: Miko Yamamoto (INA) - September 2016
音乐: September - Earth, Wind & Fire



PATTERN: A-B-C-TAG – A-B-C-C-D – C-C-D-D

START DANCING ON VOCAL “MEM” OF “DO YOU REMEMBER”

SESSION A: 32 COUNTS

A.I. ROCKING CHAIR

1-2 R step forward, recover to L,
3-4 R step backward, recover to L,
5-6 R step forward, recover to L,
7-8 R step backward, recover to L

A.II. VINE – TOUCH – VINE – TOUCH

1-2 R step to side, L cross behind R,
3-4 R step to side, L touch next to R,
5-6 L step to side, R cross behind L,
7-8 L step to side, R step next to R

A.III. ROCKING CHAIR

1-2 L step forward, recover to R,
3-4 L step backward, recover to R,
5-6 L step forward, recover to R,
7-8 L step backward, recover to R

A.IV. VINE – TOUCH – VINE – TOUCH

1-2 L step to side, R cross behind L,
3-4 L step to side, R touch next to L,
5-6 R step to side, L cross behind R,
7-8 R step to side, L step next to R

SESSION B: 32 COUNTS

B.I. DIAGONAL LOCK STEP – DIAGONAL FORWARD CHASSE

1-2 Turn 1/8 to right then R step forward (01.30), L lock behind R
3&4 R step forward, L step next to R, R step forward
5-6 turn ¼ to left then L step forward (10.30), R lock behind R
7&8 L step forward, R step next to L, L step forward

B.II. DIAGONAL LOCK STEP – DIAGONAL FORWARD CHASSE

1-2 Turn 1/8 to right then R step forward (01.30), L lock behind R
3&4 R step forward, L step next to R, R step forward
5-6 turn ¼ to left then L step forward (10.30), R lock behind R
7&8 L step forward, R step next to L, L step forward

B.III. TOUCH DIAGONALLY FORWARD – TOUCH TO SIDE - TOUCH DIAGONALLY FORWARD – STEP TO SIDE

1-2 turn 1/8 to left than R touch forward (10.30), R touch to side
3-4 R touch forward, turn 1/8 to right then R step slightly to side (12.00)
5-6 turn 1/8 to right then L touch forward (01.30), L touch to side
7-8 L touch forward, turn 1/8 to right then L slightly step to side (12.00)

B.IV. PIVOT ½ - TURN ½ - BACKWARD SHUFFLE – BACKWARD ROCK – FORWARD SHUFFLE

- 1-2 R step forward, turn ½ to left then L step forward (06.00)
3&4 Turn ½ to left then R step slightly backward (12.00), L step next to R, R step backward
5-6 L step backward, recover to R
7&8 L step slightly forward, R step next to L, L step slightly forward

SESSION C: 32 COUNTS

C.I. MONTEREY 1/4

- 1-2 R touch to side, turn ¼ to right then R step next to L (03.00)
3-4 L touch to side, L step next to R
5-6 R touch to side, turn ¼ to right then R step next to L (06.00)
7-8 L touch to side, L step next to R

C.II. MONTEREY 1/4

- 1-2 R touch to side, turn ¼ to right then R step next to L (09.00)
3-4 L touch to side, L step next to R
5-6 R touch to side, turn ¼ to right then R step next to L (12.00)
7-8 L touch to side, L step next to R

C.III. SIDE SHUFFLE – TURN ¼ TO LEFT

- 1&2 R step slightly to side, L step next to R, R step slightly to side
3&4 turn ¼ to left then L step slightly to left (09.00), R step next to L, L step slightly to side
5&6 turn ¼ to left then R step slightly to side(06.00), L step next to R, R step slightly to side
7&8 turn ¼ to left then L step slightly to left (03.00), R step next to L, L step slightly to side

C.IV. SIDE SHUFFLE – TURN ¼ TO LEFT

- 1&2 turn ¼ to left then R step slightly to side (12.00), L step next to R, R step slightly to side
3&4 turn ¼ to left then L step slightly to left (09.00), R step next to L, L step slightly to side
5&6 turn ¼ to left then R step slightly to side(06.00), L step next to R, R step slightly to side
7&8 turn ¼ to left then L step slightly to left (03.00), R step next to L, L step slightly to side

TAG: 32 COUNTS

T.I. SAMBA WALK – HEEL TOUCH

- 1&2 R cross slightly in front of L, L step slightly to side, R step slightly to side
3&4 L cross slightly in front of R, R step slightly to side, L step slightly to side
5& R touch forward on heel, R step next to L
6& L touch forward on heel, L step next to R
7-8 R touch forward on heel, L step next to R

T.II. SAMBA WALK – HEEL TOUCH

- 1&2 R cross slightly in front of L, L step slightly to side, R step slightly to side
3&4 L cross slightly in front of R, R step slightly to side, L step slightly to side
5& R touch forward on heel, R step next to L
6& L touch forward on heel, L step next to R
7-8 R touch forward on heel, L step next to R

T.III. TOUCH FORWARD – TOUCH TO SIDE – TURN ¼ TO RIGHT - COASTER STEP

- 1-2 R touch forward, R touch to side,
3&4 turn ¼ to right then R step slightly backward with sweep action (06.00), L step next to R, R step slightly forward
5-6 L touch forward, L touch to side
7&8 turn ¼ to left then L step slightly backward with sweep action (03.00), R step next to L, L step slightly forward

T.IV. TOUCH FORWARD – TOUCH TO SIDE – TURN ¼ TO RIGHT - COASTER STEP

- 1-2 R touch forward, R touch to side,
3&4 R step slightly backward with sweep action (06.00), L step next to R, R step slightly forward
5-6 L touch forward, L touch to side
7&8 turn $\frac{1}{4}$ to left then L step slightly backward with sweep action (12.00), R step next to L, L step slightly forward

SESSION D: 32 COUNTS

D.I. OUT-OUT – IN-IN STEPS

- 1-2 R step slightly forward diagonally to right, L step slightly forward diagonally to left
3-4 R step slightly backward inward, L step next to R
5-6 R step slightly forward diagonally to right, L step slightly forward diagonally to left
7-8 R step slightly backward inward, L step next to R

D.II. ROLLING VINE

- 1-2 turn $\frac{1}{4}$ to right then R step forward (), turn $\frac{1}{2}$ to right then L step backward,
3-4 turn $\frac{1}{4}$ to right then R step to side, L touch next to R
5-6 turn $\frac{1}{4}$ to left then L step forward (), turn $\frac{1}{2}$ to left then R step backward,
7-8 turn $\frac{1}{4}$ to left then L step to side, R touch next to L

D.III. OUT-OUT – IN-IN STEPS

- 1-2 R step slightly forward diagonally to right, L step slightly forward diagonally to left
3-4 R step slightly backward inward, L step next to R
5-6 R step slightly forward diagonally to right, L step slightly forward diagonally to left
7-8 R step slightly backward inward, L step next to R

D.IV. ROLLING VINE

- 1-2 turn $\frac{1}{4}$ to right then R step forward (), turn $\frac{1}{2}$ to right then L step backward,
3-4 turn $\frac{1}{4}$ to right then R step to side, L touch next to R
5-6 turn $\frac{1}{4}$ to left then L step forward (), turn $\frac{1}{2}$ to left then R step backward,
7-8 turn $\frac{1}{4}$ to left then L step to side, R touch next to L

ENJOY THE DANCE

For more information please kindly contact me on: febe.yamamoto738@gmail.com
