

Shake That Thing!

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Improver
编舞者: Jamie Barnfield (UK) & Julie Lockton (ES) - September 2016
音乐: Shake That Thing - Bearforce1 : (EP: Shake That Thing - iTunes)



Intro: 32 counts (Start on vocals)

[1-8] STEP, PIVOT ½ TURN, SHUFFLE, ROCK FWD RECOVER, COASTER CROSS

1-2 Step forward on right, Pivot ½ turn left (06:00)
3&4 Shuffle forward right, left, right
5-6 Rock forward onto left, Recover onto right
7&8 Step back on left, Step right next to left, Cross left over right

[9-16] SIDE TOUCH, LEFT KICK BALL CROSS, LEFT TOE STRUT, RIGHT CROSS TOE STRUT

1-2 Large step right to right side, Touch left next to right
3&4 Kick left to left diagonal, Step ball of left next to right, Cross right over left
5-6 Touch left toe to left side, Drop left heel
7-8 Cross right toe over left, Drop right heel

[17-24] SIDE, BEHIND & HEEL BALL CROSS, SIDE, BEHIND & HEEL HOLD

1-2 Step left to left side, Cross right behind left
&3&4 Step left to left side, Touch right heel to right diagonal, Step ball of right next to left, Cross left over right
5-6 Step right to right side, Cross left behind right
&7-8 Step right to right, Touch left heel to left diagonal, Hold (06.00)

[25-32] & R JAZZ BOX, JAZZ JUMP FWD, HOLD & CLAP, JAZZ JUMP BACK, HOLD & CLAP

&1-2 Step left next to right, Cross right over left, Step back on left
3-4 Step right foot to right side, Step forward on left
&5-6 On slight right diagonal jump out on right, On slight left diagonal jump out on left, Hold and clap
&7-8 Jump back on right, Jump back on left, Hold and clap (06.00) □*RESTART: Wall 4

****START Wall 6 HERE**

[33-40] KICK BALL POINT, KICK BALL POINT, CROSS ROCK, RECOVER, SHUFFLE ¼ RIGHT

1&2 Kick right forward, Step onto ball of right, Point left to left side
3&4 Kick left forward, Step onto ball of left, Point right to right side
5-6 Cross rock right over left, Recover onto left
7&8 Turn ¼ right stepping forward on right, Step left next to right, Step forward on right (09:00)

[41-48] SWAY LEFT, SWAY RIGHT, HIP BUMPS L-R-L, POINT BACK, ½ TURN, HOLD, BALL STEP

1-2 Taking small step left sway hips to the left, Sway hips to the right (weight on right)
3&4 Hip bumps left, right, left (weight on left)
5-6 Touch right toe back, Unwind ½ turn right (weight on right) (03.00)
7&8 Hold, Step left next to right, Step forward on right

[49-56] KICK BALL POINT, KICK BALL POINT, CROSS ROCK, RECOVER, SHUFFLE ¼ LEFT

1&2 Kick left forward, Step onto ball of left, Point right to right side
3&4 Kick right forward, Step onto ball of right, Point left to left side
5-6 Cross rock left over right, Recover onto right
7&8 Turn ¼ left stepping forward on left, Step right next to left, Step forward on left (12:00)

[57-64] SWAY RIGHT, SWAY LEFT, HIP BUMPS R-L-R, POINT BACK, ½ TURN, HOLD, BALL STEP

1-2	Step right to right side swaying hips to the right, Sway hips to the left (weight on left)
3&4	Hip bumps right, left, right (weight on right)
5-6	Touch left toe back, Unwind ½ turn left (weight on left) (06:00)
7&8	Hold, Step right next to left, Step forward on left

***RESTART: Wall 4 after 32 counts**

**** START Wall 6 at count 33 (omitting counts 1-32)**

TAG: At the end of Wall 1: RIGHT ROCKING CHAIR, RIGHT JAZZ BOX

1-4	Rock forward on right, Recover onto left, Rock back on right, Recover onto left
5-8	Cross right over left, Step back on left, Step right to right side, Step left next to right

ENDING: The dance finishes on the front wall during wall 7 after count 12 - Just take a large step to left and slide right to left!
