

Mrs Brown's Boys

拍数: 64 墙数: 4 级数: Improver
编舞者: Audrey Watson (SCO) - September 2016
音乐: Mrs. Brown's Boys - Foster & Allen : (iTunes)



Intro 8 Counts – 1 Restart during Wall 3 –

S1. Touch Touch Sailor Step, Touch Touch Sailor ¼ Turn.

1-2 Touch right to front, touch right toe to right side.
3&4 Step right behind left, step left to left side, step right to right side.
5-6 Touch left toe front, touch left toe to left side.
7&8 Turning ¼ left step left behind right, step right to right side, step left to left side.

S2. Cross Rock, Chasse ¼, ¼ Close Side, Back Rock.

1-2 Cross rock right over left, recover on left.
3&4 Step right to right side, close left next right, step right ¼ right.
5&6 Turn ¼ right stepping left to left side, close right next left, step left to left side.
7-8 Rock back on right, recover on left.

Restart the dance from the beginning During Wall 3

S3. Fwd Rock, Coaster Step, Side Rock, Cross Shuffle.

1-2 Rock fwd on right, recover on left.
3&4 Step back on right, step left next right, step fwd on right.
5-6 Rock left to left side, recover on right.
7&8 Cross left over right, step right to right side, cross left over right.

S4. ½ Turn, Crossing Samba, Back Rock, Kick Ball Touch.

1-2 Turn ¼ left stepping back on right, turn ¼ left stepping left to left side.
3&4 Cross right over left, rock left to left side, recover slightly back on right.
5-6 Rock back on left, recover fwd on right.
7&8 Kick left foot fwd, step down on ball of left, touch right next left.

S5. Side Toe Strut, ¼ Toe Strut, Crossing Shuffle, Side Rock.

1-2 touch ball of right to right side, drop right heel to floor.
3-4 Turn ¼ left touch ball of left to floor, drop left heel to floor.
5&6 Cross right over left, step left to left side, cross right over left.
7-8 Rock left to left side, recover on right.

S6. Touch Touch, & Point ¼, Side Rock, Cross Shuffle.

1-2 Touch left toe front, touch left toe to left side.
&3-4 Step left next right, point right to right side, turn ¼ right stepping right next left.
5-6 Rock left to left side, recover on right.
7&8 Cross left over right, step right to right side, cross left over right.

S7. Point & Point & Heel Heel & Fwd Rock Coaster Cross.

1&2 Point right toe to right side, step right next left, point left toe to left side.
&3-4 Step left next right, Tap right heel fwd twice.
&5-6 Step right next left, rock fwd on left, recover back on right.
7&8 Step back on left, step right next left, cross left over right.

S8. Right Shuffle, Left Shuffle, Right Shuffle, Left Shuffle to Complete a Full Turn Right

1&2 Right Shuffle ¼ right
3&4 Left shuffle ¼ right

5&6 Right shuffle $\frac{1}{4}$ right.
7&8 Left shuffle $\frac{1}{4}$ right.

Last Update – 11th Sept 2016
