Stand By Me

拍数: 32

级数: Easy Intermediate

编舞者: Esmeralda van de Pol (NL) - August 2016

音乐: Stand by Me - Geeno Smith

SIDE, CROSS ROCK FWD, 1/4 TURN R, STEP FWD, UNWIND 1/2 TURN R WITH SWEEP, BEHIND-SIDE-CROSS

- 1-2&3 Step LF to L side, Rock RF across LF, Recover weight on LF, ¼ turn R step RF fwd
- 4-5 Step LF fwd, ½ turn R and sweep RF
- 6&7 Step RF behind LF, Step LF to L side, Cross RF over LF
- 8-1 ¼ turn R step LF back, ¼ turn R step RF to R side

CROSS ROCK FWD, SIDE, CROSS, SIDE, COASTER STEP, PIVOT 1/2 TURN R

- 2&3 Rock LF across RF, Recover weight on RF, step LF to L side
- 4-5 Cross RF over LF, Step LF to L side
- 6&7 Step RF back, Step LF next to RF, Step RF fwd
- 8-1 Step LF fwd, ½ turn R weight on RF

SHUFFLE FWD, 1/4 TURN L, TOUCH, KICK & POINT 1/4 TURN L, SWEEP 1/4 TURN R

- 2&3 Step LF fwd, Step RF next to LF, Step LF fwd
- 4-5 1/4 turn L step RF to R side, Touch LF next to RF
- 6&7 ¼ turn L kick LF fwd, Step LF next to RF, Point RF to R side
- 8-1 Point RF across LF, Sweep RF in ¼ turn R

BEHIND-SIDE-CROSS, SIDE ROCK, BEHIND-SIDE-CROSS, SWAY HIP

- 2&3 Step RF behind LF, Step LF to L side, Step RF over LF
- 4-5 Rock LF to L side, Recover weight on RF
- 6&7 Step LF across RF, Step RF to R side, Step LF over RF
- 8 Step RF slightly to R side en sway hip.

Recover your weight on LF to Restart the dance.





墙数:2