

Only U In My Heart

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Improver
编舞者: Betty Lee (CAN) - September 2016
音乐: My Heart Has Only You (我的心裡只有你没有他) - Feng Fei Fei (鳳飛飛)



Start on lyric " Ni "

S 1: CROSS ROCK, SIDE ROCK, BEHIND-SIDE-CROSS, SIDE, BEHIND

1-4 Cross R over L, Recover on L, Rock step R to R, Recover on L
5&6 Step R behind L, Step L to L, Cross R over L
7&8 Step L to L, Step R behind L sweeping L

S 2: BEHIND, 1/4R, L LOCK STEPS, R LOCK STEPS, FORWARD ROCK

1-2 Step L behind R, 1/4 turn R stepping R forward
3&4 Step L fwd, Lock step R behind L, Step L fwd
5&6 Step R fwd, Lock step L behind R, Step R fwd
7-8 Rock step L fwd, Recover on R

S 3: TOUCH BEHIND, UNWIND 1/2 L, FORWARD, HOLD, BACK, BACK, BACK ROCK

1-2 Touch L toes behind R, Unwind 1/2 turn L (wt. onto L)
3-4 Step fwd R, Hold
5-6 Step back L, Step back R
7-8 Rock step back on L, Recover on R

S 4: SWAY L,R, SAILOR STEP, BEHIND, 1/4 L, STEP, PIVOT 1/4 L

1-2 Step L to L swaying hips to L, Sway hips to R
3&4 Step L behind R, Step R to R, Step L to L
5-8 Step R behind L, 1/4 turn L stepping L fwd, Step fwd R, Pivot 1/4 turn L (wt. onto L)

REPEAT

Tag: 16 counts after W3, facing 9:00, W6, facing 6:00

CROSS, POINT, BEHIND, SIDE, CROSS, POINT, BEHIND, SIDE

1-4 Cross R over L, Point L to L, Step L behind R, Step R to R
5-8 Cross L over R, Point R to R, Step R behind L, Step L to L

FORWARD ROCK, BACK, HOLD, BACK ROCK, FORWARD, HOLD

1-4 Rock step R fwd, Recover on L, Step back R, Hold
5-8 Rock step L back, Recover on R, Step fwd L, Hold

Contact ~ Betty Lee: bettysmlee@live.ca