

# Tush Push Easy

COPPER KNOB  
STEPSHEETS

拍数: 40                      墙数: 4                      级数: Improver  
编舞者: Shanthie De Mel (AUS) - September 2016  
音乐: Earthquake - Ronnie Milsap



No Tags or Restarts. Left rotation. NOTE: This is an easy split floor dance to the Intermediate 40 count Tush Push by Jim Ferrazzano.

Alternate faster music: Chattahoochee or Summertime blues by Alan Jackson.

## (1-8) HEEL FORWARD . HEEL FORWARD. TOGETHER. HOLD. x2

1, 2, 3, 4            Touch R heel forward. Touch R heel forward. Step R together. Hold.  
5, 6, 7, 8            Touch L heel forward. Touch L heel forward. Step L together. Hold. (12:00)

## (9-16) FORWARD. HOLD. CLAP. CLAP. x2

1, 2, 3, 4            Step R forward. Hold. Clap. Clap.  
5, 6, 7, 8            Step L forward. Hold. Clap. Clap. (12:00)

## (17-24) BACK. DRAG. HEEL FORWARD. HEEL FORWARD. x2

1, 2                  Step R back. Drag L towards R.  
3, 4                  Touch L heel forward twice.  
5, 6                  Step L back. Drag R towards L.  
7, 8                  Touch R heel forward twice. (12:00)

## (25-32) BACK. HIP BUMP. HIP BUMPS. HIP BUMPS. HIP BUMPS.

1, 2                  Step R back. Bump right hip once.  
3, 4                  Bump left hip twice keeping weight on L.  
5, 6                  Bump right hip twice keeping weight on R.  
7, 8                  Bump left hip twice keeping weight on L. (12:00)

## (33-40) ROCKING CHAIR. LEFT TURN 1/4 SIDE. HOLD. SIDE. CLAP.

1, 2                  Rock R forward. Recover L  
3, 4                  Step R back. Recover L.  
5, 6                  Turning 1/4 left step R to right side. Hold. (9:00)  
7, 8                  Step L to left side. Clap. ( 9:00)

Last Update: 10 Dec 2024